

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Brutto	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
1	REZENE Teklay	ERI	146	1 HKM	00:17:25.72	00:17:25.72	1	00:17:24.43	1	00:08:57.46	1	00:08:28.26	1	LC Mengerskirchen
2	MOHR Manuel		277	1 M35M	00:18:40.11	00:18:40.11	2	00:18:38.37	2	00:09:16.59	6	00:09:23.52	2	LG Lahn-Aar-Esterau
3	SCHERMULY Carolin		144	1 W35F	00:18:55.10	00:18:55.10	3	00:18:53.45	3	00:09:10.58	4	00:09:44.52	3	LC Mengerskirchen
4	OTTEN Luca		237	2 HKM	00:19:14.78	00:19:14.78	4	00:19:12.31	4	00:09:08.90	2	00:10:05.88	4	keine Angabe
5	BRINKMANN Leon		145	1 U16M	00:19:32.01	00:19:32.01	5	00:19:30.55	5	00:09:12.72	5	00:10:19.29	5	LC Mengerskirchen
6	KIEFER Erik		154	3 HKM	00:19:55.47	00:19:55.47	6	00:19:53.31	6	00:09:08.94	3	00:10:46.53	7	RUN TVN
7	HOHL Marvin		221	4 HKM	00:20:28.51	00:20:28.51	7	00:20:25.94	7	00:09:31.06	7	00:10:57.45	8	keine Angabe
8	SWIENTEK Patrick		247	1 M45M	00:21:08.17	00:21:08.17	8	00:20:55.45	8	00:10:28.76	8	00:10:39.41	6	keine Angabe
9	EHRLE Jürgen		160	1 M50M	00:21:42.93	00:21:42.93	9	00:21:41.38	9	00:10:38.96	13	00:11:03.97	10	TUS Dehm
10	VENTZKE Stefan		288	2 M35M	00:21:54.83	00:21:54.83	10	00:21:52.52	11	00:10:38.74	12	00:11:16.09	13	Tribärs Sespenroth
11	HOLDERIED Stefan		222	1 M40M	00:21:55.03	00:21:55.03	11	00:21:52.39	10	00:10:32.50	11	00:11:22.53	15	keine Angabe
12	KAISER Steffen		225	1 M30M	00:22:03.37	00:22:03.37	12	00:21:57.57	12	00:10:49.05	16	00:11:14.32	12	keine Angabe
13	BAUMANN Marc		214	2 M30M	00:22:09.51	00:22:09.51	13	00:22:03.82	13	00:11:06.51	21	00:11:03.00	9	keine Angabe
14	STEIDL Horst		096	2 M40M	00:22:17.00	00:22:17.00	14	00:22:13.88	15	00:10:29.47	9	00:11:47.53	22	Einzelkämpfer
15	HEEP Stephan		255	3 M35M	00:22:24.38	00:22:24.38	15	00:22:09.48	14	00:11:11.85	24	00:11:12.52	11	keine Angabe
16	GÜRTH Sarah	UNI	176	1 W50F	00:22:34.22	00:22:34.22	16	00:22:30.27	16	00:11:05.61	20	00:11:28.61	16	keine Angabe
17	TANNERT Florian		283	1 U20M	00:22:34.63	00:22:34.63	17	00:22:31.79	17	00:10:31.31	10	00:12:03.32	27	keine Angabe
18	MÜLLER Steffen		139	5 HKM	00:22:39.58	00:22:39.58	18	00:22:33.47	18	00:10:39.91	14	00:11:59.67	23	Laufftreff Diez/Limburg
19	BÄR Stephan		158	1 M55M	00:22:44.58	00:22:44.58	19	00:22:41.47	19	00:11:14.03	25	00:11:30.55	17	Team Bärü
20	STOLBERG Daniel		141	3 M40M	00:22:53.11	00:22:53.11	20	00:22:41.74	20	00:11:34.24	29	00:11:18.87	14	Laufftreff Diez/Limburg
21	HOLL Annika		183	1 HKF	00:22:58.96	00:22:58.96	21	00:22:55.81	22	00:11:22.31	27	00:11:36.65	19	keine Angabe
22	BECKER Timo		215	6 HKM	00:22:59.09	00:22:59.09	22	00:22:55.78	21	00:11:22.27	26	00:11:36.82	20	keine Angabe
23	FACHINGER Carsten		138	2 M45M	00:23:07.26	00:23:07.26	23	00:22:56.72	23	00:11:03.17	19	00:12:04.09	28	Laufftreff Diez/Limburg
24	RAABE Andreas		140	4 M40M	00:23:10.95	00:23:10.95	24	00:23:00.47	24	00:11:35.78	30	00:11:35.17	18	Laufftreff Diez/Limburg
25	REIMER Ben		238	2 U16M	00:23:15.92	00:23:15.92	25	00:23:12.64	25	00:10:55.50	18	00:12:20.42	31	keine Angabe
26	REIMER Holger		239	3 M45M	00:23:16.83	00:23:16.83	26	00:23:12.84	26	00:10:55.41	17	00:12:21.42	32	keine Angabe
27	GURSCHINSKI Sascha		220	7 HKM	00:23:38.63	00:23:38.63	27	00:23:37.70	28	00:10:43.26	15	00:12:55.37	41	keine Angabe
28	KUNZ Christian		229	5 M40M	00:23:42.65	00:23:42.65	28	00:23:31.89	27	00:11:28.89	28	00:12:13.76	29	keine Angabe
29	?Nummer #281		281	8 HKM	00:23:55.62	00:23:55.62	29	00:23:43.64	29	00:12:11.06	43	00:11:44.56	21	keine Angabe
30	?Nummer #260		260	9 HKM	00:23:57.50	00:23:57.50	30	00:23:47.03	31	00:11:56.06	34	00:12:01.44	26	keine Angabe
31	HOFMANN Nicole		278	1 W40F	00:23:59.23	00:23:59.23	31	00:23:45.14	30	00:11:44.08	32	00:12:15.15	30	SC Oberlahn
32	KUNZ Christoph		134	6 M40M	00:24:15.50	00:24:15.50	32	00:24:05.55	32	00:11:35.79	31	00:12:39.71	36	Kunz#2
33	BÖHM Jens		217	4 M35M	00:24:26.17	00:24:26.17	33	00:24:12.29	33	00:12:03.21	38	00:12:22.96	33	keine Angabe
34	GÖRG Achim		282	2 M55M	00:24:32.57	00:24:32.57	34	00:24:30.64	35	00:11:45.36	33	00:12:47.21	39	TuS Mogendorf
35	ABRAHAM Kai		269	4 M45M	00:24:44.59	00:24:44.59	35	00:24:29.73	34	00:12:06.51	40	00:12:38.08	35	SCOberlahn
36	KHAN REHAN		227	7 M40M	00:24:44.68	00:24:44.68	36	00:24:36.31	37	00:12:01.88	37	00:12:42.80	37	keine Angabe
37	UNKELBACH Andre		252	5 M35M	00:24:50.86	00:24:50.86	37	00:24:34.13	36	00:12:22.00	45	00:12:28.85	34	keine Angabe
38	BRANDHOFF Florian		091	8 M40M	00:24:54.26	00:24:54.26	38	00:24:50.47	38	00:12:00.92	36	00:12:53.34	40	-
39	SCHUH Karl Heinz		263	1 M70M	00:25:07.67	00:25:07.67	39	00:25:05.31	41	00:12:09.93	41	00:12:57.74	42	LFV-Villmar
40	KELLER Alicia		105	2 HKF	00:25:08.78	00:25:08.78	40	00:25:04.81	40	00:11:07.37	22	00:14:01.41	67	Fitseveneleven Limburg
41	HUTH Tobias		224	10 HKM	00:25:09.43	00:25:09.43	41	00:24:58.48	39	00:11:57.59	35	00:13:11.84	47	keine Angabe
42	KELLER Timo		123	11 HKM	00:25:13.24	00:25:13.24	42	00:25:08.89	42	00:11:11.58	23	00:14:01.66	68	Fitseveneleven Limburg

Platz	Nachname - Vorname	NationStNr.	Platz AK	Zeit	Brutto	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
43	THORN Kathrin	117	1 U20F	00:25:34.72	00:25:34.72	43	00:25:28.49	44	00:12:47.90	52	00:12:46.82	38	Fitseveneleven Limburg
44	KLERINGS Christoph	285	3 M55M	00:25:36.10	00:25:36.10	44	00:25:27.26	43	00:12:10.72	42	00:13:25.38	50	Bad Boys Arturz
45	NAHRGANG Stefanie	191	3 HKF	00:25:40.76	00:25:40.76	45	00:25:28.86	46	00:13:39.44	76	00:12:01.32	25	keine Angabe
46	DAMERAU Markus	218	12 HKM	00:25:40.86	00:25:40.86	46	00:25:28.62	45	00:13:39.68	77	00:12:01.18	24	keine Angabe
47	BLANK Carl	155	3 U16M	00:25:42.53	00:25:42.53	47	00:25:35.00	47	00:12:05.62	39	00:13:36.91	55	RUN TVN (TV Niederselters)
48	PODZIMOWSKI Artur	126	9 M40M	00:25:52.59	00:25:52.59	48	00:25:52.59	48	00:12:18.77	44	00:13:33.82	54	Fitseveneleven Limburg
49	BERLEDT Kristina	166	1 W30F	00:25:59.36	00:25:59.36	49	00:25:53.39	49	00:12:49.02	53	00:13:10.34	46	keine Angabe
50	HEGER Heiko	153	5 M45M	00:26:03.63	00:26:03.63	50	00:25:56.81	50	00:13:01.27	57	00:13:02.36	44	RUN TVN
51	SCHÜTZ Melanie	205	2 W35F	00:26:08.53	00:26:08.53	51	00:26:03.03	51	00:13:00.61	56	00:13:07.92	45	keine Angabe
52	NEAMTU Vlad	267	13 HKM	00:26:14.90	00:26:14.90	52	00:26:05.51	52	00:12:31.75	49	00:13:43.15	56	keine Angabe
53	STARKE Peter	161	1 M60M	00:26:20.84	00:26:20.84	53	00:26:10.76	53	00:13:03.31	58	00:13:17.53	49	TuS Holzheim
54	HEUN Emma	143	2 U20F	00:26:26.79	00:26:26.79	54	00:26:20.47	54	00:13:26.74	71	00:13:00.05	43	LC Mengerskirchen
55	SCHMITT Andreas	243	4 M55M	00:26:31.83	00:26:31.83	55	00:26:26.22	55	00:12:28.80	46	00:14:03.03	69	keine Angabe
56	MÜLLER Miguel	125	14 HKM	00:26:38.21	00:26:38.21	56	00:26:30.71	56	00:12:41.79	50	00:13:56.42	63	Fitseveneleven Limburg
57	WEISKERBER Eduard	130	6 M45M	00:26:43.79	00:26:43.79	57	00:26:34.34	57	00:13:16.49	62	00:13:27.30	51	Fitseveneleven Limburg
58	EGERT Florian	219	3 M30M	00:26:47.89	00:26:47.89	58	00:26:43.88	59	00:12:58.78	54	00:13:49.11	58	keine Angabe
59	MANN Lina	189	2 W30F	00:26:47.96	00:26:47.96	59	00:26:44.25	60	00:12:59.60	55	00:13:48.36	57	keine Angabe
60	UNGER Jennifer	118	4 HKF	00:26:48.71	00:26:48.71	60	00:26:41.92	58	00:13:20.72	68	00:13:27.99	52	Fitseveneleven Limburg
61	KOHLER Alexandra	254	5 HKF	00:27:10.05	00:27:10.05	61	00:26:55.86	61	00:13:17.97	66	00:13:52.07	61	keine Angabe
62	WOLF Annette	212	2 W50F	00:27:15.03	00:27:15.03	62	00:27:09.84	65	00:13:17.08	63	00:13:57.95	65	keine Angabe
63	JUNG Nathalie	093	6 HKF	00:27:15.81	00:27:15.81	63	00:27:01.20	62	00:13:17.91	65	00:13:57.90	64	CrossFit Limburg
64	KOZELKA Jürgen	228	7 M45M	00:27:16.96	00:27:16.96	64	00:27:09.90	66	00:13:44.35	79	00:13:32.61	53	keine Angabe
65	MATZ Manuel	233	15 HKM	00:27:22.30	00:27:22.30	65	00:27:06.29	63	00:13:17.48	64	00:14:04.82	70	keine Angabe
66	NESTLER Stefan	257	6 M35M	00:27:23.91	00:27:23.91	66	00:27:08.54	64	00:12:28.88	47	00:14:55.02	82	keine Angabe
67	EBERS Jasmin	132	3 W35F	00:27:25.65	00:27:25.65	67	00:27:16.52	68	00:13:36.21	72	00:13:49.44	60	Kaffeekränzchen
68	WEYEL Julia	133	4 W35F	00:27:25.70	00:27:25.70	68	00:27:16.32	67	00:13:36.30	73	00:13:49.40	59	Kaffeekränzchen
69	LENGERT Daniel	124	2 U20M	00:27:38.62	00:27:38.62	69	00:27:33.65	69	00:12:43.35	51	00:14:55.27	83	Fitseveneleven Limburg
70	LUKAS Jutta	148	1 W45F	00:27:39.79	00:27:39.79	70	00:27:34.41	70	00:13:43.46	78	00:13:56.33	62	LG Dornburg
71	SCHÜTZ Stefan	245	10 M40M	00:27:51.92	00:27:51.92	71	00:27:45.54	73	00:13:07.26	59	00:14:44.66	76	keine Angabe
72	ALISCH Sarah	280	7 HKF	00:27:54.15	00:27:54.15	72	00:27:43.44	71	00:13:54.44	82	00:13:59.71	66	keine Angabe
73	HUMBERT Svenja	287	2 W40F	00:27:56.79	00:27:56.79	73	00:27:44.14	72	00:13:36.55	74	00:14:20.24	71	Ich City Sport
74	NORWIG Wiebke	264	8 HKF	00:28:05.16	00:28:05.16	74	00:27:56.58	74	00:13:14.16	60	00:14:51.00	80	keine Angabe
75	WELLIG Selina	211	5 W35F	00:28:21.95	00:28:21.95	75	00:28:16.68	76	00:13:26.53	70	00:14:55.42	84	keine Angabe
76	HAFENEGER Catrin	177	2 W45F	00:28:24.88	00:28:24.88	76	00:28:15.65	75	00:13:45.61	80	00:14:39.27	74	keine Angabe
77	PETERSILIE Jasmin	097	9 HKF	00:28:25.38	00:28:25.38	77	00:28:22.76	77	00:14:05.11	83	00:14:20.27	72	Fit- Studio Katzenelnbogen
78	MATZ Michael	234	1 U18M	00:28:45.44	00:28:45.44	78	00:28:29.99	78	00:13:18.29	67	00:15:27.15	93	keine Angabe
79	SCHULZ-NIGMANN Heike	286	3 W50F	00:28:50.40	00:28:50.40	79	00:28:38.51	79	00:14:15.18	88	00:14:35.22	73	Tria Equipe Elz
80	ALBUS Sina	162	10 HKF	00:28:55.25	00:28:55.25	80	00:28:51.18	80	00:14:07.48	85	00:14:47.77	77	keine Angabe
81	FERDINAND Tahnee	174	3 W30F	00:28:55.57	00:28:55.57	81	00:28:51.48	81	00:14:07.71	86	00:14:47.86	78	keine Angabe
82	LANOIS Kevin	230	4 M30M	00:28:58.17	00:28:58.17	82	00:28:54.77	82	00:12:31.16	48	00:16:27.01	114	keine Angabe
83	MÜLLER Monique	110	3 U20F	00:29:04.55	00:29:04.55	83	00:28:58.58	84	00:13:37.67	75	00:15:26.88	92	Fitseveneleven Limburg
84	JUNG Corinna	104	4 W30F	00:29:07.95	00:29:07.95	84	00:28:56.94	83	00:14:28.20	94	00:14:39.75	75	Fitseveneleven Limburg

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Brutto	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
85	HEUSCHKEL Anne		182	11 HKF	00:29:23.23	00:29:23.23	85	00:29:11.26	85	00:14:20.12	92	00:15:03.11	86	keine Angabe
86	BÄR Marcel		120	16 HKM	00:29:26.19	00:29:26.19	86	00:29:20.54	87	00:13:16.25	61	00:16:09.94	107	Fitseveneleven Limburg
87	SCHWARZ Vincent		129	17 HKM	00:29:26.28	00:29:26.28	87	00:29:19.18	86	00:13:49.77	81	00:15:36.51	96	Fitseveneleven Limburg
88	DITSCH Sylvia		271	12 HKF	00:29:41.71	00:29:41.71	88	00:29:34.05	89	00:14:08.94	87	00:15:32.76	94	keine Angabe
89	HAIN Franziska		178	5 W30F	00:29:42.69	00:29:42.69	89	00:29:32.35	88	00:14:37.18	96	00:15:05.51	88	keine Angabe
90	PODZIMOWSKI Ilona		112	3 W40F	00:29:54.00	00:29:54.00	90	00:29:43.48	91	00:14:46.17	99	00:15:07.83	89	Fitseveneleven Limburg
91	UNKELBACH Marcel		253	5 M30M	00:29:54.56	00:29:54.56	91	00:29:41.24	90	00:14:19.23	91	00:15:35.32	95	keine Angabe
92	BAUM Nikolas		261	1 KAKM	00:30:02.51	00:30:02.51	92	00:29:53.16	92	00:13:22.03	69	00:16:40.48	116	keine Angabe
93	WOLF Jessica		276	6 W35F	00:30:03.17	00:30:03.17	93	00:29:53.72	93	00:15:02.00	105	00:15:01.17	85	keine Angabe
94	ASTOR Geraldine		275	7 W35F	00:30:05.77	00:30:05.77	94	00:29:55.39	94	00:15:01.88	104	00:15:03.89	87	keine Angabe
95	BAUER Anna		099	13 HKF	00:30:15.29	00:30:15.29	95	00:30:10.27	95	00:14:22.55	93	00:15:52.74	105	Fitseveneleven Limburg
96	DISCHER Elena		100	14 HKF	00:30:25.82	00:30:25.82	96	00:30:16.67	97	00:14:35.24	95	00:15:50.58	102	Fitseveneleven Limburg
97	WEIMAR Lukas		152	18 HKM	00:30:26.56	00:30:26.56	97	00:30:14.62	96	00:15:33.78	117	00:14:52.78	81	Naspa
98	VOLLENWEIDER Eduard		248	7 M35M	00:30:33.95	00:30:33.95	98	00:30:25.55	99	00:15:45.60	120	00:14:48.35	79	keine Angabe
99	SCHLEGEL Alexander		242	6 M30M	00:30:34.60	00:30:34.60	99	00:30:27.27	100	00:14:41.97	98	00:15:52.63	104	keine Angabe
100	MARTIN Johanna		190	4 W50F	00:30:39.31	00:30:39.31	100	00:30:34.20	102	00:14:59.87	103	00:15:39.44	99	keine Angabe
101	HORNIG Peter		223	5 M55M	00:30:39.57	00:30:39.57	101	00:30:27.85	101	00:14:56.37	102	00:15:43.20	100	keine Angabe
102	ROTH Kevin		241	19 HKM	00:30:39.69	00:30:39.69	102	00:30:25.52	98	00:15:02.67	106	00:15:37.02	97	keine Angabe
103	WOLF Matthias		250	2 M50M	00:30:53.54	00:30:53.54	103	00:30:45.08	103	00:14:39.69	97	00:16:13.85	109	keine Angabe
104	NORWIG Uwe		235	1 M65M	00:31:02.30	00:31:02.30	104	00:30:53.35	104	00:14:06.06	84	00:16:56.24	123	keine Angabe
105	BECK Kerstin		142	1 W55F	00:31:14.51	00:31:14.51	105	00:31:00.32	105	00:15:24.46	107	00:15:50.05	101	LC Mengerskirchen
106	OPITZ Thorsten		236	8 M45M	00:31:18.62	00:31:18.62	106	00:31:14.46	108	00:15:58.93	125	00:15:19.69	90	keine Angabe
107	OPITZ Charlize		194	1 U16F	00:31:18.74	00:31:18.74	107	00:31:13.90	107	00:15:58.79	124	00:15:19.95	91	keine Angabe
108	HÖRLE Annalisa		102	8 W35F	00:31:20.05	00:31:20.05	108	00:31:10.09	106	00:14:52.84	100	00:16:27.21	115	Fitseveneleven Limburg
109	JUBEL Oliver		122	20 HKM	00:31:23.09	00:31:23.09	109	00:31:15.20	109	00:14:16.04	90	00:17:07.05	128	Fitseveneleven Limburg
110	MECKEL Lea		109	15 HKF	00:31:23.16	00:31:23.16	110	00:31:15.54	110	00:14:15.91	89	00:17:07.25	129	Fitseveneleven Limburg
111	SUTHERLAND Kristina		207	6 W30F	00:31:50.45	00:31:50.45	111	00:31:41.83	112	00:15:32.81	115	00:16:17.64	110	keine Angabe
112	REICHWEIN Julia		196	9 W35F	00:31:50.48	00:31:50.48	112	00:31:42.82	114	00:15:32.60	113	00:16:17.88	111	keine Angabe
113	KACHEL Nina		187	7 W30F	00:31:50.50	00:31:50.50	113	00:31:42.01	113	00:15:32.61	114	00:16:17.89	112	keine Angabe
114	ELST Thilo		121	21 HKM	00:31:51.83	00:31:51.83	114	00:31:42.85	115	00:16:14.35	128	00:15:37.48	98	Fitseveneleven Limburg
115	LANDZETTEL Antje		107	5 W50F	00:31:52.56	00:31:52.56	115	00:31:43.54	116	00:15:55.96	122	00:15:56.60	106	Fitseveneleven Limburg
116	EGENOLF Natascha (Tascha)		172	10 W35F	00:31:54.99	00:31:54.99	116	00:31:39.46	111	00:16:04.36	126	00:15:50.63	103	keine Angabe
117	SCHÄFER Kerstin		204	3 W45F	00:32:13.78	00:32:13.78	117	00:32:00.14	117	00:15:30.19	110	00:16:43.59	117	keine Angabe
118	TINA Zimmer		208	11 W35F	00:32:20.36	00:32:20.36	118	00:32:08.62	118	00:15:33.11	116	00:16:47.25	119	keine Angabe
119	MORGENSTERN Petra		136	4 W45F	00:32:22.71	00:32:22.71	119	00:32:11.54	119	00:15:31.01	111	00:16:51.70	120	Laufftreff Diez/Limburg
120	JANDEL Felicitas		103	12 W35F	00:32:26.28	00:32:26.28	120	00:32:21.13	121	00:15:25.87	108	00:17:00.41	126	Fitseveneleven Limburg
121	KÜRTELL Ann-Kathrin		106	16 HKF	00:32:26.53	00:32:26.53	121	00:32:18.38	120	00:16:14.18	127	00:16:12.35	108	Fitseveneleven Limburg
122	PARR STEIL Melanie		259	13 W35F	00:32:31.51	00:32:31.51	122	00:32:29.82	123	00:14:54.26	101	00:17:37.25	137	keine Angabe
123	SCHÄFER Tom		244	4 U16M	00:32:36.94	00:32:36.94	123	00:32:24.16	122	00:15:30.00	109	00:17:06.94	127	keine Angabe
124	SCHLITT Melanie		202	2 U16F	00:32:51.12	00:32:51.12	124	00:32:38.16	124	00:15:31.04	112	00:17:20.08	134	keine Angabe
125	JUNG Heike		186	2 W55F	00:32:58.97	00:32:58.97	125	00:32:48.53	125	00:15:42.99	118	00:17:15.98	131	keine Angabe
126	SCHÄFER Kerstin		203	6 W50F	00:32:59.44	00:32:59.44	126	00:32:49.22	126	00:15:43.15	119	00:17:16.29	132	keine Angabe

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Brutto	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
127	HENNIG Petra		131	1 W60F	00:33:06.58	00:33:06.58	127	00:32:59.11	127	00:16:19.75	129	00:16:46.83	118	Gazelle Hirschberg
128	SCHARF Annika		199	8 W30F	00:33:18.44	00:33:18.44	128	00:33:05.35	128	00:16:55.49	142	00:16:22.95	113	keine Angabe
129	VOLLENWEIDER Elena		209	14 W35F	00:33:24.74	00:33:24.74	129	00:33:16.31	131	00:15:45.78	121	00:17:38.96	139	keine Angabe
130	SEIFRIED Michael		246	3 M50M	00:33:29.44	00:33:29.44	130	00:33:14.71	130	00:16:34.94	139	00:16:54.50	121	keine Angabe
131	TANNERT Niclas		284	22 HKM	00:33:29.56	00:33:29.56	131	00:33:14.70	129	00:16:34.74	138	00:16:54.82	122	keine Angabe
132	HENNECKEN Tanyana		101	5 W45F	00:33:51.39	00:33:51.39	132	00:33:41.98	132	00:15:56.05	123	00:17:55.34	141	Fitseveneleven Limburg
133	PODZIMOWSKI Ivonne		113	4 W40F	00:33:58.73	00:33:58.73	133	00:33:48.68	133	00:16:26.04	134	00:17:32.69	136	Fitseveneleven Limburg
134	BALLOWITZ Anja		098	17 HKF	00:34:04.66	00:34:04.66	134	00:33:53.74	135	00:16:26.08	135	00:17:38.58	138	Fitseveneleven Limburg
135	ELSEMANN Rebecca		173	18 HKF	00:34:05.09	00:34:05.09	135	00:33:51.37	134	00:16:55.68	143	00:17:09.41	130	keine Angabe
136	SCHARF Mona		200	19 HKF	00:34:12.41	00:34:12.41	136	00:33:58.63	137	00:16:55.45	141	00:17:16.96	133	keine Angabe
137	WEIS Hans		249	2 M65M	00:34:13.35	00:34:13.35	137	00:33:57.82	136	00:16:51.80	140	00:17:21.55	135	keine Angabe
138	GÜNTHER Nora		272	9 W30F	00:34:52.11	00:34:52.11	138	00:34:39.26	138	00:17:55.77	154	00:16:56.34	124	keine Angabe
139	EISENKOPF Peter		273	8 M35M	00:34:52.43	00:34:52.43	139	00:34:39.51	139	00:17:54.67	153	00:16:57.76	125	keine Angabe
140	LEONHARDT Melanie		135	15 W35F	00:34:58.90	00:34:58.90	140	00:34:48.43	140	00:16:26.84	136	00:18:32.06	144	Laufftreff Diez/Limburg
141	BRUNETTI Marion		169	6 W45F	00:35:12.27	00:35:12.27	141	00:34:56.60	143	00:16:25.04	132	00:18:47.23	146	keine Angabe
142	KINGLER Frank		258	6 M55M	00:35:12.53	00:35:12.53	142	00:34:56.39	142	00:16:24.74	131	00:18:47.79	148	keine Angabe
143	BEGERE Katrin		165	7 W45F	00:35:12.88	00:35:12.88	143	00:34:55.72	141	00:16:25.16	133	00:18:47.72	147	keine Angabe
144	JUNG Paulo		151	3 U20M	00:35:46.78	00:35:46.78	144	00:35:34.75	145	00:16:20.14	130	00:19:26.64	151	Naspa
145	HASE Sofie		092	1 U18F	00:35:46.80	00:35:46.80	145	00:35:30.52	144	00:16:33.89	137	00:19:12.91	149	Bike Team Waldzecken
146	ADAM Mart		266	7 M55M	00:35:57.50	00:35:57.50	146	00:35:50.22	146	00:17:45.08	152	00:18:12.42	142	Slow But Determined
147	ADAM Moni		265	3 W55F	00:36:25.51	00:36:25.51	147	00:36:18.56	148	00:18:00.89	155	00:18:24.62	143	Slow But Determined
148	NEIDHÖFER Tanja		137	8 W45F	00:36:25.73	00:36:25.73	148	00:36:13.47	147	00:17:09.53	147	00:19:16.20	150	Laufftreff Diez/Limburg
149	WEISKERBER Olga		119	5 W40F	00:36:28.53	00:36:28.53	149	00:36:18.92	149	00:16:56.70	144	00:19:31.83	152	Fitseveneleven Limburg
150	LOESCH Eike		231	11 M40M	00:36:45.06	00:36:45.06	150	00:36:27.71	150	00:23:29.22	171	00:13:15.84	48	keine Angabe
151	SCHLEGEL Viktoria		201	20 HKF	00:36:46.21	00:36:46.21	151	00:36:38.83	152	00:17:00.74	145	00:19:45.47	153	keine Angabe
152	BERNDT Stefan		216	9 M45M	00:36:46.89	00:36:46.89	152	00:36:34.14	151	00:18:06.60	160	00:18:40.29	145	keine Angabe
153	PETERS Sara Maria		111	16 W35F	00:36:56.52	00:36:56.52	153	00:36:46.73	154	00:17:02.79	146	00:19:53.73	154	Fitseveneleven Limburg
154	SPRINGER Tamara		206	10 W30F	00:36:56.68	00:36:56.68	154	00:36:42.48	153	00:19:10.12	163	00:17:46.56	140	keine Angabe
155	KOPPING Lukas		095	23 HKM	00:38:11.15	00:38:11.15	155	00:37:57.46	155	00:17:28.01	149	00:20:43.14	157	Die Schöne und das Biest
156	GUMPERT Katharina		094	21 HKF	00:38:11.17	00:38:11.17	156	00:37:57.50	156	00:17:28.07	150	00:20:43.10	156	Die Schöne und das Biest
157	MATZ Günter		232	10 M45M	00:38:14.17	00:38:14.17	157	00:37:58.30	157	00:17:26.48	148	00:20:47.69	159	keine Angabe
158	HELSPER Simone		181	6 W40F	00:38:59.91	00:38:59.91	158	00:38:40.96	158	00:18:01.19	157	00:20:58.72	161	keine Angabe
159	HEIBEL Nicola		180	7 W40F	00:38:59.99	00:38:59.99	159	00:38:41.91	160	00:18:01.00	156	00:20:58.99	162	keine Angabe
160	CLEMENS Sabrina		171	22 HKF	00:39:00.11	00:39:00.11	160	00:38:49.06	161	00:18:01.64	159	00:20:58.47	160	keine Angabe
161	BALDUS Stephanie		164	17 W35F	00:39:00.79	00:39:00.79	161	00:38:41.85	159	00:18:01.30	158	00:20:59.49	163	keine Angabe
162	PRESSLER Karin		195	2 W60F	00:39:12.38	00:39:12.38	162	00:38:59.91	162	00:19:00.40	162	00:20:11.98	155	keine Angabe
163	LAUCHART Denise		108	11 W30F	00:39:16.24	00:39:16.24	163	00:39:09.66	163	00:17:35.64	151	00:21:40.60	165	Fitseveneleven Limburg
164	RÖMER Linda		198	18 W35F	00:40:53.77	00:40:53.77	164	00:40:39.87	164	00:19:22.23	165	00:21:31.54	164	keine Angabe
165	SCHARDT Christian		128	24 HKM	00:41:09.39	00:41:09.39	165	00:41:05.39	165	00:18:46.94	161	00:22:22.45	168	Fitseveneleven Limburg
166	LUF Anna-Lena		188	23 HKF	00:41:50.95	00:41:50.95	166	00:41:35.54	166	00:19:46.96	166	00:22:03.99	167	keine Angabe
167	GRUBERT Larissa		175	19 W35F	00:41:54.06	00:41:54.06	167	00:41:36.71	168	00:19:56.56	167	00:21:57.50	166	keine Angabe
168	LIESENFELD Hans		157	2 M70M	00:41:56.16	00:41:56.16	168	00:41:36.09	167	00:21:10.35	168	00:20:45.81	158	SV Gutenacker

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Brutto	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
169	HOLZBACH Nadine		184	8 W40F	00:42:41.58	00:42:41.58	169	00:42:26.31	169	00:19:18.33	164	00:23:23.25	169	keine Angabe
170	BURGGRAF Petra		270	9 W45F	00:47:06.36	00:47:06.36	170	00:47:00.78	170	00:21:53.27	169	00:25:13.09	170	keine Angabe
171	GAEDKE Victoria		274	2 U18F	00:47:06.52	00:47:06.52	171	00:47:00.89	171	00:21:53.35	170	00:25:13.17	171	keine Angabe
172	ALD Melek		262	24 HKF	00:49:51.75	00:49:51.75	172	00:49:41.64	172	00:24:34.16	172	00:25:17.58	172	keine Angabe
173	REINHARDT Sabine		159	10 W45F	00:51:41.38	00:51:41.38	173	00:51:20.80	174	00:25:53.14	173	00:25:48.24	173	TTC Staffel
174	BERTRAM Claudia		167	7 W50F	00:51:42.12	00:51:42.12	174	00:51:20.21	173	00:25:53.75	174	00:25:48.37	174	keine Angabe
DSQ	BLANK Magnus		156	0 M40M	00:03:02.33		-		-	00:03:02.33	-		-	RUN TVN (TV Niederselters)
DSQ	RUSERT Karina		197	- W40F			-		-		-		-	keine Angabe
DNF	BINZ-KERN Sonja		168	- W50F			-		-		-		-	keine Angabe
DNF	ZANDER Marina		213	- W30F			-		-		-		-	keine Angabe