

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Runde1	Platz	Runde2	Platz	Runde3	Platz	Runde4	Platz	Runde5	Platz	Netto	Platz	Verein		
1	SCHELLENBERG Andreas		484	1 M30M	00:38:31.57	00:38:31.57	1	00:06:07.53	1	00:06:32.82	3	00:06:37.56	3	00:06:33.34	1	00:06:29.02	1	00:06:09.99	1	FvSS Hünfelden		
2	KANANOVIC Arnel	BOS	473	2 M30M	00:39:28.08	00:39:28.08	2	00:06:19.05	2	00:06:20.94	1	00:06:37.44	2	00:06:37.22	2	00:06:44.52	2	00:06:47.72	3	Tribärs Sespenroth		
3	GROS Benjamin		3218	1 M40M	00:39:41.78	00:39:41.78	3	00:06:19.22	3	00:06:21.05	2	00:06:37.43	1	00:06:48.28	3	00:06:56.61	3	00:06:44.25	2	Running Team Bad Ems		
4	BENTEN Flo		457	2 M40M	00:43:08.47	00:43:08.47	4	00:06:45.47	5	00:06:59.91	4	00:07:13.62	4	00:07:26.86	4	00:07:23.68	4	00:07:17.65	4	Tribärs Sespenroth		
5	ABBAS Saif		3219	1 M45M	00:44:41.04	00:44:41.04	5	00:07:07.88	8	00:07:13.63	5	00:07:26.95	5	00:07:31.77	5	00:07:40.31	5	00:07:39.10	6	Lahttechnik		
6	JENSEN Leif		453	3 M30M	00:45:33.71	00:45:33.71	6	00:07:22.19	11	00:07:28.29	8	00:07:33.13	6	00:07:45.52	7	00:07:47.17	7	00:07:34.76	5	Stiftung Scheuern		
7	KAISER Dominic		1149	4 M30M	00:46:14.64	00:46:14.64	7	00:07:32.62	12	00:07:41.78	11	00:07:44.82	7	00:07:39.95	6	00:07:45.95	6	00:07:46.95	8	SRL Triathlon Koblenz		
8	WINKEL Florian		3225	3 M40M	00:46:26.30	00:46:26.30	8	00:07:07.66	7	00:07:38.00	10	00:07:57.01	10	00:07:59.83	10	00:07:57.41	8	00:07:45.02	7	SG Neuhäusel		
9	NACKE Ralf		1144	4 M40M	00:46:47.15	00:46:47.15	9	00:07:07.41	6	00:07:26.29	6	00:07:53.39	8	00:07:56.65	8	00:08:01.96	9	00:08:19.65	12	Tribärs Sespenroth		
10	VOLLBRACHT Julian		1147	5 M30M	00:46:47.18	00:46:47.18	10	00:06:19.77	4	00:07:27.04	7	00:08:12.13	12	00:08:16.32	12	00:08:11.18	11	00:08:18.77	11	keine Angabe		
11	FRÖHLICH Chris		466	1 M65M	00:46:55.50	00:46:55.50	11	00:07:21.35	10	00:07:44.08	12	00:07:54.18	9	00:07:57.51	9	00:08:04.42	10	00:07:52.37	9	RT Bad Ems		
12	KOITKA Matthias		474	1 M35M	00:49:25.17	00:49:25.17	12	00:08:23.72	25	00:08:14.98	19	00:08:08.39	11	00:08:12.09	11	00:08:17.83	12	00:08:02.32	10	keine Angabe		
13	STRACK Marco		3222	1 M50M	00:49:34.87	00:49:34.87	13	00:07:38.04	15	00:08:09.89	17	00:08:18.77	14	00:08:21.85	14	00:08:30.12	13	00:08:33.74	15	Tus Singhofen		
14	NOETZEL Marco		1146	2 M45M	00:50:02.15	00:50:02.15	14	00:07:37.10	14	00:08:05.01	15	00:08:23.95	16	00:08:33.10	15	00:08:43.43	18	00:08:36.43	16	keine Angabe		
15	KABEL Gerhard		472	1 M60M	00:50:25.42	00:50:25.42	15	00:07:44.68	17	00:08:08.52	16	00:08:27.48	17	00:08:35.58	16	00:08:40.27	16	00:08:45.76	21	SG Neuhäusel		
16	LAY Alfred		475	2 M65M	00:50:25.53	00:50:25.53	16	00:08:06.66	22	00:08:13.75	18	00:08:14.07	13	00:08:21.39	13	00:08:40.09	15	00:08:46.12	22	Montabaur		
17	LEY Tobias		1145	2 M35M	00:50:33.72	00:50:33.72	17	00:07:36.65	17	00:07:52.00	13	00:08:20.78	15	00:08:45.59	18	00:08:59.85	21	00:08:54.52	24	keine Angabe		
18	GOECKEL Rolf		3223	2 M60M	00:51:17.13	00:51:17.13	18	00:07:43.75	16	00:08:01.96	14	00:08:31.25	18	00:08:48.29	19	00:09:03.82	24	00:09:05.87	26	00:51:14.94	18	LT Mittelrhein
19	BOOS Axel		451	3 M45M	00:51:39.49	00:51:39.49	19	00:08:28.29	27	00:08:34.01	21	00:08:43.87	21	00:08:40.20	17	00:08:41.02	17	00:08:30.20	13	00:51:37.59	19	Stiftung Scheuern
20	DILLENBERGER-REIFENRATH		452	1 W40F	00:51:58.06	00:51:58.06	20	00:08:05.75	19	00:08:27.25	20	00:08:38.69	19	00:08:56.63	23	00:09:01.88	23	00:08:42.93	18	00:51:53.13	20	Stiftung Scheuern
21	CHRIST Larissa		459	1 W30F	00:52:38.82	00:52:38.82	21	00:08:31.06	28	00:08:42.03	27	00:08:39.36	20	00:08:56.12	21	00:08:55.80	19	00:08:44.42	19	00:52:28.79	21	keine Angabe
22	SCHAPER Dorothee		483	1 W50F	00:52:43.00	00:52:43.00	22	00:08:24.66	26	00:08:36.55	22	00:08:49.73	23	00:08:59.12	24	00:08:59.86	22	00:08:45.11	20	00:52:35.03	22	Die Wand
23	SCHELLHAAS Anja		485	2 W50F	00:52:59.55	00:52:59.55	23	00:08:49.72	32	00:08:38.02	24	00:08:47.05	22	00:08:49.54	20	00:08:59.41	20	00:08:47.09	23	00:52:50.50	23	SG Neuhäusel
24	SCHMIDT Ben		488	1 U16M	00:53:36.92	00:53:36.92	24	00:07:18.60	9	00:07:31.77	9	00:09:04.85	25	00:08:56.38	22	00:11:24.39	46	00:09:15.32	28	00:53:31.31	24	keine Angabe
25	NORMANN Helmut		456	1 M55M	00:54:23.32	00:54:23.32	25	00:09:18.89	37	00:09:19.14	36	00:09:12.60	27	00:09:05.45	25	00:08:39.09	14	00:08:39.62	17	00:54:14.79	25	Stiftung Scheuern
26	LAU Matthias		454	3 M35M	00:55:24.06	00:55:24.06	26	00:09:09.48	35	00:09:25.53	38	00:09:14.17	29	00:09:25.15	28	00:09:33.05	27	00:08:32.26	14	00:55:19.64	26	Stiftung Scheuern
27	HELMS Martin		3221	2 M55M	00:55:26.03	00:55:26.03	27	00:08:00.94	18	00:08:49.78	28	00:09:23.82	32	00:09:37.03	32	00:09:49.89	30	00:09:40.79	31	00:55:22.25	27	keine Angabe
28	SIERE Leonhard		494	3 M60M	00:55:34.01	00:55:34.01	28	00:09:13.23	36	00:09:14.34	32	00:09:10.45	26	00:09:18.71	27	00:09:28.31	26	00:09:04.77	25	00:55:28.31	28	keine Angabe
29	LUCAS Sascha		476	2 M50M	00:56:00.84	00:56:00.84	29	00:09:25.96	42	00:09:18.45	35	00:09:13.31	28	00:09:11.54	26	00:09:25.47	25	00:09:14.60	27	00:55:49.33	29	keine Angabe
30	KLAGES Sascha		3220	4 M45M	00:56:01.92	00:56:01.92	30	00:08:45.91	30	00:08:36.72	23	00:08:58.22	24	00:09:32.89	30	00:09:58.64	33	00:09:58.01	35	00:55:50.39	30	keine Angabe
31	ECKSTEIN Maximilian		461	1 HKM	00:56:28.78	00:56:28.78	31	00:08:06.21	21	00:08:53.87	30	00:09:46.77	37	00:10:08.46	37	00:09:54.52	32	00:09:34.51	29	00:56:24.34	31	Team Cosi
32	MONO Sebastian		455	5 M45M	00:56:38.06	00:56:38.06	32	00:08:59.53	34	00:09:06.47	31	00:09:16.95	31	00:09:37.78	33	00:09:51.15	31	00:09:43.19	32	00:56:35.07	32	Stiftung Scheuern
33	GÖKEN Anne		468	2 W30F	00:56:44.53	00:56:44.53	33	00:08:51.86	33	00:09:22.44	37	00:09:30.29	35	00:09:25.78	29	00:09:45.41	29	00:09:39.61	30	00:56:35.39	33	keine Angabe
34	SCHENCKING Martin		486	3 M55M	00:56:51.19	00:56:51.19	34	00:08:46.16	31	00:09:17.23	33	00:09:28.53	33	00:09:36.31	31	00:09:41.41	28	00:09:56.34	34	00:56:45.98	34	G.u.I. Leifheit-Hospiz Nassau
35	SPRENGER Philipp		496	4 M35M	00:57:37.61	00:57:37.61	35	00:08:13.19	24	00:08:53.48	29	00:09:16.57	30	00:09:46.98	34	00:10:30.80	36	00:10:50.49	43	00:57:31.51	35	TuS Miehlen
36	NACKE Timo		1148	5 M40M	00:59:07.87	00:59:07.87	36	00:08:06.97	23	00:08:39.94	26	00:10:03.32	40	00:10:15.67	38	00:11:22.78	44	00:10:36.65	40	00:59:05.33	37	keine Angabe
37	HARTUNG Dirk		1150	6 M40M	00:59:08.22	00:59:08.22	37	00:08:06.16	20	00:08:39.41	25	00:10:03.81	41	00:10:16.06	39	00:11:22.33	43	00:10:37.09	41	00:59:04.86	36	keine Angabe
38	MÜLLER Klaus-Dieter		479	3 M50M	00:59:15.72	00:59:15.72	38	00:08:45.63	29	00:09:17.27	34	00:09:28.65	34	00:10:04.42	36	00:11:04.74	40	00:10:29.79	39	00:59:10.50	39	LG Laacher See
39	EMMERICH Jörg		463	4 M55M	00:59:18.47	00:59:18.47	39	00:09:24.24	41	00:09:38.53	41	00:09:57.37	39	00:10:03.59	35	00:10:10.75	34	00:09:55.02	33	00:59:09.50	38	Lahttechnik
40	STILLGER Jürgen		498	4 M50M	01:00:07.22	01:00:07.22	40	00:09:23.11	40	00:09:36.47	40	00:09:55.95	38	00:10:20.09	40	00:10:30.26	35	00:10:14.13	36	01:00:00.41	40	LG Brechen
41	VOHL Stephan		500	4 M60M	01:01:02.51	01:01:02.51	41	00:09:22.81	39	00:09:29.89	39	00:09:44.74	36	00:10:28.96	42	00:10:48.04	39	00:11:00.47	44	01:00:54.91	41	TEATV Rennerod
42	SCHMIDT Oliver		489	7 M40M	01:03:16.62	01:03:16.62	42	00:09:41.94	43	00:10:13.59	44	00:10:13.77	42	00:10:26.29	41	00:11:12.58	42	00:11:18.73	47	01:03:06.90	42	keine Angabe
43	ZIMMERMANN Steffen		1142	6 M45M	01:03:28.26	01:03:28.26	43	00:10:18.96	47	00:10:47.27	48	00:10:33.41	45	00:10:33.69	43	00:10:44.23	38	00:10:25.04	37	01:03:22.60	43	keine Angabe
44	SCHMIDT-SCHUMACHER Sabin		490	3 W50F	01:03:40.49	01:03:40.49	44	00:09:51.95	45	00:10:04.81	43	00:10:26.40	43	00:10:56.83	46	00:11:05.42	41	00:11:05.81	46	01:03:31.22	44	Lauffreß Fluterschen
45	MILKE Elena		478	2 W40F	01:04:19.93	01:04:19.93	45	00:10:26.20	49	00:09:58.27	42	00:10:47.99	47	00:11:15.23	48	00:10:41.42	37	00:11:02.09	45	01:04:11.20	45	keine Angabe
46	CHRIST Timo		460	5 M35M	01:06:02.13	01:06:02.13	46	00:10:26.90	50	00:10:38.85	47	00:10:40.97	46	00:10:56.40	45	00:11:29.37	47	00:11:38.93	48	01:05:51.42	46	keine Angabe
47	OPHOVEN Daniela		481	1 HKF	01:06:56.17	01:06:56.17	47	00:10:40.94	52	00:11:18.27	52	00:11:08.93	48	00:11:13.84	47	00:11:38.43	48	00:10:49.44	42	01:06:49.85	47	keine Angabe
48	STAUDT Kirsten		497	3 W40F	01:07:28.72	01:07:28.72	48	00:12:33.00	58	00:11:45.76	57	00:10:30.21	44	00:10:40.62	44	00:11:24.17	45	00:10:26.49	38	01:07:20.25	48	keine Angabe
49	SPRENGER Erich		495	1 M70M	01:08:07.65	01:08:07.65	49	00:09:19.40	38	00:10:37.27	45	00:11:10.05	49	00:11:50.67	49	00:12:32.92	50	00:12:39.10	54	01:08:00.41	49	TuS Miehlen
50	FRIEDWALD Rainer		465	5 M60M	01:09:21.03	01:09:21.03	50	00:10:18.98	4													