

Platz	M/W	Nachname - Vorname	StNr.	Jg.	Zeit	Platz	AK	GAP	Team / Verein	Nov 22	(Pl.)	Dez 22	(Pl.)	Jan 23	(Pl.)	Feb 23	(Pl.)
1	M	MC SWINEY Aidan	160	84	01:38:46.28	1	M35		TSV Schott Mainz	00:33:45.26	3	00:32:36.50	1	00:32:24.52	2		
2	M	STAHL Dominic	332	91	01:42:46.54	1	M30	+ 4m01s	Adidas Runners	00:34:15.53	5	00:34:18.22	5	00:34:12.79	4		
3	M	NOHE Daniel	174	95	01:46:57.43	1	M	+ 8m12s	Spiridon Frankfurt	00:36:06.58	10	00:35:55.69	13	00:34:55.16	5		
1	F	MOSER Tania	331	90	01:47:33.01	1	W30		Spiridon Frankfurt	00:36:13.89	11	00:35:51.14	12	00:35:27.98	7		
4	M	RÖCKLE Silas	210	89	01:49:31.60	2	M30	+ 10m46s	Spiridon Frankfurt	00:36:18.52	12	00:36:37.28	17	00:36:35.80	9		
5	M	KÖBLER Gregor	125	71	01:52:12.50	1	M50	+ 13m27s	TV 1878 Groß-Umstadt	00:37:09.52	13	00:37:04.57	18	00:37:58.41	15		
6	M	MERNBERGER Oliver	164	65	01:53:23.30	1	M55	+ 14m37s	SKG Sprendlingen	00:37:57.84	20	00:37:30.74	23	00:37:54.72	13		
7	M	GASSMANN Michael	074	81	01:54:12.32	1	M40	+ 15m26s	keine Angabe	00:37:41.77	17	00:38:33.50	29	00:37:57.05	14		
8	M	WINNHAUER Matthias	283	66	01:55:46.01	2	M55	+ 17m00s	Besi_Friends	00:39:23.91	37	00:37:32.04	24	00:38:50.06	22		
9	M	WEBER Jürgen	270	78	01:55:47.78	2	M40	+ 17m02s	Rodenbach	00:39:00.15	31	00:38:19.73	26	00:38:27.90	17		
10	M	SCHÄFER Jan	312	87	01:55:48.26	2	M35	+ 17m02s	TuS Griesheim	00:39:22.71	35	00:38:38.00	31	00:37:47.55	12		
11	M	FISCHER Christian	063	94	01:56:45.93	2	M	+ 18m00s	keine Angabe	00:38:27.32	25	00:37:18.52	21	00:41:00.09	40		
12	M	ADOLPHS Tim	003	73	01:57:33.58	1	M45	+ 18m48s	Eintracht Frankfurt Triathlon	00:39:55.12	41	00:38:51.90	32	00:38:46.56	21		
13	M	GOTTWEIS Raphael	082	03	01:58:04.92	1	U20	+ 19m19s	SC Steinberg	00:39:18.03	34	00:39:06.39	36	00:39:40.50	26		
14	M	PATT Lasse	181	04	01:58:14.35	2	U20	+ 19m29s	SC Oberursel	00:38:57.34	29	00:39:02.84	35	00:40:14.17	29		
15	M	FOCHT Alexander	067	88	01:58:41.75	3	M30	+ 19m56s	keine Angabe	00:39:53.12	39	00:39:22.60	41	00:39:26.03	25		
16	M	HOSKE Anton	334	98	01:59:27.76	3	M	+ 20m42s	keine Angabe	00:41:24.27	62	00:39:23.53	42	00:38:39.96	19		
17	M	BUTZ Michael	039	74	01:59:44.55	2	M45	+ 20m59s	LuigiRunningDarmstadt	00:40:03.86	44	00:39:10.96	39	00:40:29.73	33		
18	M	OTT Alexander	180	85	02:00:29.56	3	M35	+ 21m44s	LG Seligenstadt	00:41:38.49	64	00:39:32.09	43	00:39:18.98	24		
19	M	KÖHLER Karl-Heinz	126	61	02:01:07.09	1	M60	+ 22m21s	LG Bad Soden/Sulzbach/Neuenhain	00:40:35.63	50	00:39:51.72	48	00:40:39.74	34		
20	M	ELLER Tim	055	81	02:01:59.75	3	M40	+ 23m14s	algemarin Team SV Traisa	00:40:24.04	47	00:40:01.48	51	00:41:34.23	44		
21	M	WÖHRLE Alexander	286	73	02:02:05.74	3	M45	+ 23m20s	keine Angabe	00:40:54.86	57	00:40:23.46	55	00:40:47.42	37		
22	M	DEIKE Volker	047	68	02:03:11.02	2	M50	+ 24m25s	TuS Griesheim	00:39:55.77	42	00:39:59.40	50	00:43:15.85	56		
23	M	KUBALL Christian	133	76	02:03:11.50	4	M45	+ 24m26s	JSK Rodgau	00:42:19.82	70	00:40:06.11	52	00:40:45.57	36		
24	M	WEIMAR Marcel	274	95	02:03:46.11	4	M	+ 25m00s	LT Rheinhessen-Pfalz	00:42:40.84	72	00:40:24.35	56	00:40:40.92	35		
25	M	BERNARDING Tobias	020	88	02:04:00.85	4	M30	+ 25m15s	TuS Griesheim	00:40:38.11	53	00:43:15.51	70	00:40:07.23	28		
26	M	KAES Florian	309	79	02:04:37.92	4	M40	+ 25m52s	EOSC Offenbach	00:41:40.32	65	00:41:38.97	61	00:41:18.63	42		
2	F	RAHNER Annika	191	97	02:05:37.72	1	W	+ 18m05s	Eintracht Frankfurt Triathlon e.V.	00:42:17.98	68	00:42:53.71	67	00:40:26.03	31		
27	M	LANDSIEDEL Chris	146	89	02:05:41.03	5	M30	+ 26m55s	TuS Griesheim	00:41:21.82	59	00:41:41.91	62	00:42:37.30	51		
28	M	BLASCHEK Thomas	298	73	02:07:34.18	5	M45	+ 28m48s	SSC HANAU RODENBACH	00:46:16.42	108	00:40:14.76	53	00:41:03.00	41		
29	M	SATTLER Christopher	216	81	02:08:30.28	5	M40	+ 29m44s	JSK Rodgau	00:44:02.98	81	00:42:32.44	64	00:41:54.86	46		
30	M	MENK Andreas	163	73	02:09:04.43	6	M45	+ 30m19s	Spiridon Frankfurt	00:42:44.77	73	00:42:11.57	63	00:44:08.09	60		
31	M	HUHN Stephan	297	71	02:09:28.57	3	M50	+ 30m43s	Eintracht Frankfurt Triathlon	00:44:00.44	80	00:42:55.16	68	00:42:32.97	50		
32	M	HERBERT Clemens	098	76	02:09:45.80	7	M45	+ 31m00s	Harema	00:44:59.00	91	00:42:50.89	65	00:41:55.91	47		
33	M	SCHAEFER-BRAND Jakob	217	92	02:09:55.26	6	M30	+ 31m09s	Team Brand	00:45:23.46	95	00:42:53.17	66	00:41:38.63	45		
34	M	DANGMANN Thimo	046	96	02:10:13.47	5	M	+ 31m28s	LG Rüsselsheim	00:40:12.36	46	00:45:17.42	87	00:44:43.69	65		
35	M	KITTNER Oliver	121	82	02:11:07.79	6	M40	+ 32m22s	keine Angabe	00:44:41.36	88	00:43:24.40	72	00:43:02.03	53		

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3	F	BICKERT Christine	023	76	02:14:08.74	1	W45	+ 26m36s	TV Großostheim	00:46:01.68	103	00:44:39.79	83	00:43:27.27	59		
36	M	RAIMONDI Angelo	192	82	02:14:50.52	7	M40	+ 36m05s	keine Angabe	00:45:59.23	102	00:44:02.99	79	00:44:48.30	66		
37	M	VETTER Matthias	261	60	02:15:05.74	2	M60	+ 36m20s	BSG Commerzbank	00:45:28.12	97	00:44:24.69	82	00:45:12.93	73		
4	F	WEBER Petra	271	64	02:15:07.62	1	W55	+ 27m35s	Tria Team Bruchköbel	00:45:14.42	93	00:44:51.46	85	00:45:01.74	69		
38	M	FISCHER Zeljko	064	65	02:15:49.02	3	M55	+ 37m03s	keine Angabe	00:45:00.24	92	00:44:43.36	84	00:46:05.42	78		
5	F	HABERMANN Manuela	089	70	02:16:15.19	1	W50	+ 28m43s	keine Angabe	00:46:03.00	104	00:45:07.50	86	00:45:04.69	70		
6	F	KUKULA Andrea	139	75	02:16:22.27	2	W45	+ 28m50s	JSK Rodgau	00:45:25.29	96	00:45:41.62	91	00:45:15.36	74		
39	M	BURKHARDT Werner	036	56	02:16:37.54	1	M65	+ 37m52s	LT Rheinhessen-Pfalz	00:46:13.16	105	00:43:54.57	75	00:46:29.81	83		
40	M	STÜKER Andreas	249	86	02:16:39.97	4	M35	+ 37m54s	Erdinger Active Team	00:44:55.33	90	00:43:57.47	78	00:47:47.17	97		
41	M	GEISSLER René	076	72	02:16:55.58	4	M50	+ 38m10s	TSG Kleinostheim	00:44:42.57	89	00:47:45.30	113	00:44:27.71	63		
42	M	STORCK René	246	83	02:17:36.14	5	M35	+ 38m50s	SF Tria Rossdorf	00:44:12.07	83	00:45:40.46	90	00:47:43.61	95		
43	M	EFFENBERGER Denis	053	77	02:17:48.25	8	M45	+ 39m02s	keine Angabe	00:46:55.13	123	00:45:59.03	95	00:44:54.09	67		
44	M	KARL Martin	116	70	02:18:13.06	5	M50	+ 39m27s	TV Großostheim	00:46:48.65	122	00:45:44.36	93	00:45:40.05	76		
7	F	BUTT Miriam	038	82	02:18:57.68	1	W40	+ 31m25s	Spiridon Frankfurt	00:46:22.86	111	00:46:14.81	97	00:46:20.01	81		
45	M	KUHN Peter	137	60	02:20:01.87	3	M60	+ 41m16s	Spiridon Frankfurt	00:46:43.15	120	00:46:28.09	98	00:46:50.63	86		
8	F	FISCHER Bärbel	062	64	02:20:16.90	2	W55	+ 32m44s	RLT Rodgau	00:46:28.87	113	00:46:32.08	100	00:47:15.95	89		
46	M	SCHILL Markus	295	85	02:20:20.79	6	M35	+ 41m35s	keine Angabe	00:46:38.91	118	00:46:31.65	99	00:47:10.23	87		
9	F	RAMBELOSOA Ony	193	70	02:20:40.52	2	W50	+ 33m08s	keine Angabe	00:46:27.91	112	00:46:52.55	102	00:47:20.06	90		
47	M	STEINERT Christian	243	85	02:20:56.84	7	M35	+ 42m11s	keine Angabe	00:46:35.59	116	00:45:19.14	88	00:49:02.11	108		
48	M	VON DER GRÜN Klaus	264	59	02:24:41.23	4	M60	+ 45m55s	TG Schwanheim	00:47:53.80	132	00:49:20.11	132	00:47:27.32	91		
10	F	GÖTTNAUER Margret	079	52	02:25:02.87	1	W70	+ 37m30s	LG BSN	00:46:39.58	119	00:46:34.40	101	00:51:48.89	131		
49	M	KUGLER Torben	135	80	02:25:10.80	8	M40	+ 46m25s	keine Angabe	00:48:51.38	146	00:48:35.36	124	00:47:44.06	96		
50	M	KÜNNE Sören	143	70	02:25:20.93	6	M50	+ 46m35s	Tria-Team-Bruchköbel e.V.	00:48:12.62	140	00:47:08.28	105	00:50:00.03	119		
51	M	DANGMANN Markus	045	69	02:25:53.76	7	M50	+ 47m08s	LG Rüsselsheim	00:48:11.18	139	00:48:07.20	117	00:49:35.38	114		
52	M	LÖWE Andreas	153	68	02:26:15.34	8	M50	+ 47m30s	Lauf Team Kassel	00:49:16.19	152	00:47:45.71	114	00:49:13.44	110		
53	M	KEßLER René	120	92	02:26:33.40	7	M30	+ 47m48s	SV Nikar Heidelberg e.V.	00:48:56.77	147	00:47:31.43	109	00:50:05.20	120		
54	M	SCHEIBE Gerd	220	56	02:26:43.94	2	M65	+ 47m58s	TV Hergershausen	00:48:26.99	144	00:49:11.59	131	00:49:05.36	109		
55	M	KUGLER Sven	134	73	02:26:48.38	9	M45	+ 48m03s	keine Angabe	00:48:51.27	145	00:48:41.99	128	00:49:15.12	111		
56	M	SCHMIDT Kees	222	62	02:27:01.61	5	M60	+ 48m16s	BSG L4P	00:48:59.06	148	00:48:40.23	127	00:49:22.32	112		
57	M	GERBER Patrick	077	74	02:27:21.05	10	M45	+ 48m35s	Urban Runners Frankfurt	00:47:01.42	126	00:52:51.48	156	00:47:28.15	92		
58	M	ATTIG Frank	010	76	02:27:45.60	11	M45	+ 49m00s	LAUFZiel Aschaffenburg	00:49:48.95	157	00:47:27.18	106	00:50:29.47	122		
59	M	ULLRICH Frank	257	67	02:28:18.75	4	M55	+ 49m33s	TSG Eppstein	00:55:37.10	210	00:47:34.73	110	00:45:06.92	71		
11	F	REZAGHOLINIA Sandra	203	88	02:28:35.57	2	W30	+ 41m03s	keine Angabe	00:48:01.72	136	00:52:53.99	157	00:47:39.86	94		
60	M	WINTER Steffen	285	76	02:28:55.93	12	M45	+ 50m10s	keine Angabe	00:49:20.33	153	00:49:46.82	135	00:49:48.78	117		
61	M	SCHÖNFELDER Klaus	227	64	02:29:11.20	5	M55	+ 50m25s	Rumpelstilzchen	00:49:53.83	159	00:49:33.83	133	00:49:43.54	116		
12	F	REINTGEN Franziska	199	86	02:30:20.81	1	W35	+ 42m48s	SF Tria Rossdorf	00:51:14.38	175	00:49:10.11	130	00:49:56.32	118		
62	M	OHLEMÜLLER Roland	177	68	02:31:16.43	9	M50	+ 52m31s	TV 1888 Reinheim	00:49:46.18	156	00:50:12.18	141	00:51:18.07	128		

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63	M	DÖLLINGER Karsten	001	72	02:31:40.25	10	M50	+ 52m54s	RLT Rodgau	00:51:10.17	172	00:49:58.96	140	00:50:31.12	123		
64	M	DREWS Franz	051	63	02:32:10.80	6	M55	+ 53m25s	Spiridon Frankfurt	00:49:51.28	158	00:49:58.57	139	00:52:20.95	135		
65	M	VON WOLFF Ludwig	265	58	02:32:20.99	6	M60	+ 53m35s	Spiridon Frankfurt e. V./ Laufotse Haspama	00:49:39.39	155	00:51:06.90	146	00:51:34.70	130		
66	M	OHLEMÜLLER Felix	176	00	02:34:10.53	6	M	+ 55m25s	keine Angabe	00:47:41.98	129	00:49:42.13	134	00:56:46.42	163		
13	F	KÜSTERS Karen	144	74	02:35:03.69	3	W45	+ 47m31s	Rodgau	00:50:46.07	168	00:50:45.58	144	00:53:32.04	146		
67	M	SEMMEL Peter	234	52	02:35:05.81	1	M70	+ 56m20s	TV Waldstraße Wiesbaden	00:51:20.08	176	00:51:49.72	150	00:51:56.01	132		
14	F	OSTERMANN Frauke	179	76	02:35:57.52	4	W45	+ 48m25s	RLT Rodgau	00:52:45.55	188	00:52:36.73	153	00:50:35.24	124		
68	M	LOPEZ Jesus	151	59	02:39:06.38	7	M60	+ 1h00m21	keine Angabe	00:52:52.04	189	00:53:17.17	160	00:52:57.17	142		
15	F	GOTTWEIS Jacqueline	081	00	02:39:07.83	2	W	+ 51m35s	SC Steinberg	00:51:04.75	171	00:51:16.66	148	00:56:46.42	162		
69	M	KOKEMÜLLER Klaus-Heinrich	129	69	02:41:19.31	11	M50	+ 1h02m33	TuS Griesheim Waldläufer	00:56:03.77	212	00:52:11.70	151	00:53:03.84	143		
70	M	JUSE Kai	307	77	02:41:36.68	13	M45	+ 1h02m51	keine Angabe	00:54:13.39	199	00:54:33.11	166	00:52:50.18	138		
71	M	MENDE Erhard	161	57	02:41:45.93	3	M65	+ 1h03m00	TSV Heusenstamm	00:52:57.25	191	00:54:56.49	170	00:53:52.19	147		
72	M	PRIESTER Björn	188	80	02:42:06.76	9	M40	+ 1h03m21	HitaminPur Running Team	00:52:43.35	187	00:52:42.45	154	00:56:40.96	161		
73	M	BINZEL Erich	025	57	02:43:36.03	4	M65	+ 1h04m50	LT Rheinhessen-Pfalz/Gutenberg-Marathon	00:51:52.93	181	00:55:14.32	173	00:56:28.78	160		
16	F	SALOMON Annett	214	77	02:44:19.43	5	W45	+ 56m47s	keine Angabe	00:53:56.08	198	00:54:41.82	167	00:55:41.53	154		
74	M	LIPPERT Berthold	150	50	02:44:59.12	2	M70	+ 1h06m13	TV Goldbach	00:53:37.53	197	00:55:00.64	172	00:56:20.95	159		
17	F	KÜNNE Dana	141	72	02:45:01.87	3	W50	+ 57m29s	NDF Runners	00:55:54.43	211	00:54:20.09	163	00:54:47.35	149		
18	F	WELLER Tanja	278	74	02:48:36.87	6	W45	+ 1h01m04	keine Angabe	00:54:41.52	204	00:57:34.70	184	00:56:20.65	157		
75	M	FÖRSTER Albrecht	068	68	02:49:28.89	12	M50	+ 1h10m43	Team Europa	00:56:52.02	216	00:55:41.12	175	00:56:55.75	165		
19	F	BIENENFELD Mirjam	024	71	02:50:03.99	4	W50	+ 1h02m31	LG Offenbach	00:57:22.02	217	00:56:21.23	177	00:56:20.74	158		
76	M	ELBRECHT Heinz	054	58	02:52:54.70	8	M60	+ 1h14m09	Hillhunter-Hessen	00:54:56.32	206	00:58:00.01	190	00:59:58.37	172		
20	F	PELZL Alexandra	184	67	02:53:31.89	3	W55	+ 1h05m59	keine Angabe	00:59:49.82	232	00:57:25.56	183	00:56:16.51	155		
77	M	WIEDERSPAHN Klaus	329	50	02:55:17.76	3	M70	+ 1h16m32	LG Rodgau	00:58:08.12	221	00:59:16.68	197	00:57:52.96	168		
21	F	VOLK Nicole	262	76	02:55:35.45	7	W45	+ 1h08m03	Love is in the air!	01:02:05.15	237	01:00:13.92	200	00:53:16.38	144		
78	M	SPYCHALA Dennis	240	77	02:55:39.19	14	M45	+ 1h16m53	Love is in the air!	01:02:05.31	238	01:00:17.49	201	00:53:16.39	145		
79	M	BORSBACH Peter	029	67	02:55:51.89	7	M55	+ 1h17m06	keine Angabe	00:59:19.74	228	00:58:57.66	195	00:57:34.49	167		
22	F	HERMES Marita	099	55	02:56:54.28	1	W65	+ 1h09m22	RLT Rodgau	00:57:27.00	218	00:57:55.28	188	01:01:32.00	175		
80	M	VAHL Jochen	259	49	02:59:29.13	4	M70	+ 1h20m43	Spiridon Frankfurt	00:58:48.81	225	00:58:12.55	191	01:02:27.77	178		
81	M	WALPER Gerhard	269	50	03:00:55.70	5	M70	+ 1h22m10	RLT Rodgau	00:59:35.10	230	00:59:25.34	198	01:01:55.26	176		
23	F	GOTTWEIS Christine	080	73	03:02:01.21	8	W45	+ 1h14m29	SC Steinberg	00:59:32.21	229	01:01:11.08	204	01:01:17.92	174		
24	F	WESP Sabine	280	66	03:03:47.59	4	W55	+ 1h16m15	Honolulu Laufteam	00:58:54.43	226	01:00:17.73	202	01:04:35.43	184		
25	F	MENDE Mercedes	162	62	03:10:53.21	1	W60	+ 1h23m21	TSV Heusenstamm	01:02:27.83	241	01:04:43.84	208	01:03:41.54	183		
26	F	LEHMBERG Tanja	147	85	03:31:43.32	2	W35	+ 1h44m11	JSK Rodgau 1888 e.V.	01:08:27.44	247	01:11:53.93	214	01:11:21.95	187		
82	M	SCHMIDT Erwin	221	52	04:20:51.16	6	M70	+ 2h42m05	LAZ Obernburg-Miltenberg	01:31:56.75	251	01:30:03.47	216	01:18:50.94	189		
83	M	WEIMAR Peter	275	58	04:47:16.88	9	M60	+ 3h08m31	LT Rheinhessen-Pfalz	01:37:21.49	252	01:40:23.62	217	01:29:31.77	191		