

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
1	KRÜGER Katharina		518	1 U20F	00:19:18	00:19:18	10	00:19:15	10	00:09:18	9	00:09:46	11	SGE Ergste
2	HAMMER Felizitas		112	1 HKF	00:20:00	00:20:00	17	00:19:57	17	00:09:50	19	00:09:56	16	LC Rapid Dortmund
3	HELLWIG Denise		505	2 HKF	00:20:23	00:20:23	20	00:20:19	20	00:10:14	26	00:09:54	13	Mud Monkeys OCR
4	DEMME Kathrin		068	3 HKF	00:20:41	00:20:41	21	00:20:38	21	00:09:58	20	00:10:29	21	Puls 190-effektiv trainieren
5	HAFENMAYER Isabel		111	4 HKF	00:21:03	00:21:03	22	00:21:00	22	00:10:06	23	00:10:42	22	LG Schwerte/Westhofen
6	STREBEL Maya		208	1 U16F	00:22:13	00:22:13	35	00:22:11	36	00:10:29	32	00:11:29	40	keine Angabe
7	TENBRINK Imke		212	1 W35F	00:22:20	00:22:20	37	00:22:16	37	00:10:39	35	00:11:23	38	Tri-Geckos Dortmund
8	MAINOO-BOAKYE Franziska		513	5 HKF	00:22:35	00:22:35	39	00:22:31	39	00:11:01	41	00:11:20	36	runcademy
9	KAWALEK Lina		497	1 U18F	00:22:55	00:22:55	40	00:22:53	41	00:10:39	36	00:11:58	45	PVT-Witten
10	RIPPERT Michaela		165	1 W50F	00:24:22	00:24:22	51	00:24:17	52	00:11:41	55	00:12:22	54	Viermärker Dortmund
11	DOMMERMUTH Christina		072	1 W45F	00:24:29	00:24:29	54	00:24:24	54	00:11:44	57	00:12:28	57	Puls 190-effektiv trainieren
12	GÖßLINGHOFF Andrea		110	1 W30F	00:24:41	00:24:41	57	00:24:37	57	00:11:44	56	00:12:40	63	Tri-Geckos Dortmund
13	EBBINGHAUS Lina		523	1 U14F	00:24:47	00:24:47	59	00:24:43	60	00:11:28	50	00:13:03	71	LGO Dortmund
14	KOTT Martina		485	2 W50F	00:24:48	00:24:48	60	00:24:45	61	00:11:48	58	00:12:41	65	UPLETICS
15	TOLLKNÄPPER Ines		214	2 W30F	00:25:14	00:25:14	65	00:25:06	65	00:12:23	73	00:12:33	61	TV Werne 03
16	MÖBUS Katharina		147	6 HKF	00:25:15	00:25:15	66	00:25:09	69	00:12:03	64	00:12:53	68	LT Wischlingen Dortmund
17	SAMAGA Anja		178	7 HKF	00:25:16	00:25:16	67	00:25:09	68	00:12:30	77	00:12:32	59	Pace Pack Runners
18	POHL Jana		512	8 HKF	00:25:16	00:25:16	68	00:25:09	67	00:12:29	76	00:12:32	60	Pace Pack Runners
19	MEISTER Hannah		143	2 U14F	00:25:47	00:25:47	73	00:25:45	73	00:12:23	72	00:13:09	75	TB Materloh LGO Olympia
20	THOMAS Carolin		470	9 HKF	00:26:01	00:26:01	75	00:25:54	76	00:12:21	70	00:13:21	80	LC Rapid Dortmund
21	HÖHNE Tanja		116	10 HKF	00:26:17	00:26:17	77	00:26:14	78	00:12:41	81	00:13:17	78	Puls 190-effektiv trainieren
22	ROTTERS Deborah		171	11 HKF	00:26:46	00:26:46	80	00:26:35	80	00:13:28	88	00:13:00	70	keine Angabe
23	STREICH Mailin		209	3 U14F	00:26:46	00:26:46	81	00:26:39	81	00:12:50	82	00:13:41	83	TVE Barop
24	ANGELBECK Sarah		049	2 W35F	00:26:49	00:26:49	82	00:26:42	82	00:12:59	85	00:13:32	81	keine Angabe
25	SCHIPKE Britta		498	1 W40F	00:27:22	00:27:22	85	00:27:15	85	00:13:28	89	00:13:37	82	Pace Pack Runners
26	LANG Julia		136	3 W30F	00:27:48	00:27:48	86	00:27:33	86	00:13:37	93	00:13:55	85	keine Angabe
27	ROGGE Anja		167	3 W50F	00:28:09	00:28:09	88	00:28:02	88	00:13:40	95	00:14:08	88	Puls 190-effektiv trainieren
28	PLUM Katrin		158	4 W30F	00:28:12	00:28:12	89	00:28:04	89	00:13:43	97	00:14:08	89	Pace Pack Runners
29	WEBER Katja		226	2 W45F	00:28:13	00:28:13	90	00:28:08	90	00:13:28	90	00:14:26	92	Puls 190-effektiv trainieren
30	WESTERHOFF Melanie		231	2 W40F	00:28:16	00:28:16	91	00:28:12	91	00:13:32	91	00:14:26	91	Puls 190-effektiv trainieren
31	VOGELPOTH Maren		219	12 HKF	00:28:31	00:28:31	93	00:28:17	93	00:13:38	94	00:14:33	93	Physiotherapie Guntermann
32	STAHLBUCK Daniela		202	3 W35F	00:28:40	00:28:40	94	00:28:27	94	00:13:34	92	00:14:41	97	DLRG
33	REINDERS Roswitha		163	1 W65F	00:28:56	00:28:56	97	00:28:43	97	00:14:29	112	00:14:07	86	keine Angabe
34	CZEKALLA Anna		066	3 W40F	00:29:01	00:29:01	98	00:28:54	98	00:14:06	103	00:14:34	94	SC 1912 Hennen
35	SCHMIDT Cloudine		528	4 W35F	00:29:09	00:29:09	101	00:29:04	101	00:14:06	104	00:14:46	99	Road Runner Herdecke
36	HEIN Luise		115	2 W65F	00:29:12	00:29:12	102	00:29:07	102	00:14:16	107	00:14:35	95	Dortmund
37	GOCKEL Marina		101	5 W30F	00:29:16	00:29:16	103	00:29:12	103	00:14:00	101	00:14:56	101	Pfarrei Heilige Dreikönige
38	TOLLKAMP Ruth		213	5 W35F	00:29:31	00:29:31	104	00:29:19	104	00:14:12	106	00:14:57	104	keine Angabe
39	BROMM-HELLIGE Cornelia		539	1 W55F	00:30:01	00:30:01	109	00:29:46	107	00:14:38	117	00:15:01	106	keine Angabe
40	SCHMITZ Evelyn		185	3 W45F	00:30:06	00:30:06	111	00:30:00	111	00:14:30	113	00:15:16	112	keine Angabe
41	DICKE Simone		070	4 W50F	00:30:17	00:30:17	112	00:30:05	112	00:14:45	118	00:15:11	110	Viermärker Dortmund
42	BUNDKIRCHEN Nina		065	6 W30F	00:30:21	00:30:21	113	00:30:15	113	00:15:05	120	00:14:57	102	MVZ Dr. Kretzmann_Kollegen

Legend:

-n Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing



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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
43	NOSING Kerstin		150	4 W45F	00:30:37	00:30:37	114	00:30:31	114	00:14:38	116	00:15:38	117	keine Angabe
44	IKOBI Manuela		119	5 W45F	00:30:47	00:30:47	115	00:30:34	115	00:15:10	124	00:15:19	115	keine Angabe
45	KRIEGER Miriam		129	4 W40F	00:31:29	00:31:29	122	00:31:21	125	00:15:23	131	00:15:45	119	keine Angabe
46	BORK Dorina		488	13 HKF	00:31:30	00:31:30	123	00:31:12	121	00:15:26	135	00:15:45	118	keine Angabe
47	ERLEMANN Stefanie		487	14 HKF	00:31:39	00:31:39	125	00:31:21	124	00:15:27	136	00:15:49	122	keine Angabe
48	ERDMANN Katja		081	5 W40F	00:31:44	00:31:44	127	00:31:39	128	00:15:07	122	00:16:18	134	Puls 190-effektiv trainieren
49	SCHÜTTE Sandra		196	15 HKF	00:31:55	00:31:55	129	00:31:39	129	00:15:49	142	00:15:48	120	Pace Pack Runners
50	GALERT Britta		097	5 W50F	00:32:03	00:32:03	130	00:31:54	130	00:15:21	129	00:16:21	136	keine Angabe
51	LUCK Kayleigh-Ann		509	4 U14F	00:32:08	00:32:08	131	00:32:04	132	00:14:25	111	00:17:24	153	Geisecke
52	PRENDERGAST Molly	CAN	159	16 HKF	00:32:18	00:32:18	133	00:32:06	133	00:15:26	134	00:16:32	138	keine Angabe
53	SCHÖNHERR-WÜRPEL Susanne		525	2 W55F	00:32:32	00:32:32	135	00:32:19	135	00:15:45	141	00:16:23	137	keine Angabe
54	BOL Carla Emilia		058	2 U20F	00:33:08	00:33:08	138	00:32:53	141	00:16:31	157	00:16:14	131	Sportkinder e. V.
55	BOL Melanie		060	6 W45F	00:33:08	00:33:08	139	00:32:52	139	00:16:32	162	00:16:13	130	Sportkinder e. V.
56	SANDMANN Ricarda		181	7 W45F	00:33:08	00:33:08	140	00:32:52	138	00:16:33	163	00:16:12	128	Sportkinder e.V.
57	SANDMANN Leona		180	17 HKF	00:33:09	00:33:09	141	00:32:53	140	00:16:32	161	00:16:13	129	Sportkinder e.V.
58	MÜLLER Heike		148	6 W50F	00:33:10	00:33:10	142	00:32:59	143	00:15:39	139	00:17:07	147	Boxring28
59	GRIEB Katja		105	6 W35F	00:33:12	00:33:12	145	00:33:05	147	00:15:26	132	00:17:22	151	MVZ Dr. Kretzmann_Kollegen
60	KLARHORST Katja		124	8 W45F	00:33:14	00:33:14	146	00:32:56	142	00:16:33	164	00:16:17	133	keine Angabe
61	BARTH Andrea		472	7 W35F	00:33:17	00:33:17	147	00:33:04	146	00:16:39	166	00:16:17	132	keine Angabe
62	DURST Katharina		076	7 W30F	00:33:44	00:33:44	148	00:33:33	149	00:16:10	154	00:17:12	148	Fit for food
63	SCHÄFER Linda		195	8 W30F	00:33:44	00:33:44	149	00:33:33	148	00:16:10	155	00:17:12	149	Fit for food
64	GEBAUER Jana		099	3 U20F	00:33:51	00:33:51	150	00:33:44	150	00:16:02	149	00:17:31	155	LG Olympia Dortmund
65	LEUKEFELD Marion		137	9 W30F	00:33:53	00:33:53	151	00:33:46	151	00:16:28	156	00:17:01	144	Pace Pack Runners
66	FIEBACK Silke		491	7 W50F	00:33:54	00:33:54	152	00:33:48	153	00:15:38	138	00:17:52	162	Puls 190-effektiv trainieren
67	SCHURKUS Susanne		192	8 W50F	00:33:59	00:33:59	153	00:33:52	155	00:16:31	158	00:17:06	146	Pace Pack Runners
68	HAVERS Adrienne		113	9 W50F	00:34:01	00:34:01	154	00:33:46	152	00:16:31	160	00:17:05	145	keine Angabe
69	FEJA Katharina		085	18 HKF	00:34:24	00:34:24	156	00:34:07	156	00:17:06	175	00:16:58	143	keine Angabe
70	SALOMO Christin		176	10 W30F	00:34:30	00:34:30	157	00:34:16	157	00:17:15	176	00:16:51	141	Team Klimbim
71	BIDA Rosemarie		054	3 W65F	00:34:39	00:34:39	158	00:34:24	158	00:16:45	167	00:17:27	154	LT Wischlingen Dortmund
72	DIETZ Julia		071	11 W30F	00:34:51	00:34:51	166	00:34:35	167	00:17:03	171	00:17:21	150	keine Angabe
73	STÜWE Dana		210	12 W30F	00:34:52	00:34:52	167	00:34:35	168	00:16:09	153	00:18:11	166	FireSports Dortmund
74	FLEISCHER Mareike		089	8 W35F	00:35:07	00:35:07	170	00:34:55	171	00:17:02	170	00:17:49	158	LT Bittermark Dortmund
75	PLATTKE Sabine		156	10 W50F	00:35:08	00:35:08	171	00:34:56	172	00:17:02	169	00:17:50	160	keine Angabe
76	HAMDAOUI Mounia		301	9 W35F	00:35:14	00:35:14	172	00:35:08	173	00:17:00	168	00:17:50	159	Lauffreff AWO Asseln
77	SCHMÜLLING Desiree		187	13 W30F	00:35:15	00:35:15	173	00:34:55	170	00:17:20	177	00:17:31	156	Team Tibet
78	EVERSBUSCH Antje		083	3 W55F	00:35:41	00:35:41	174	00:35:23	174	00:17:29	178	00:17:50	161	keine Angabe
79	DRIESENER Sandra		073	6 W40F	00:35:57	00:35:57	175	00:35:48	175	00:16:31	159	00:19:00	177	keine Angabe
80	STEMANN Silke		205	14 W30F	00:36:06	00:36:06	176	00:35:53	176	00:17:04	173	00:18:36	175	keine Angabe
81	BEYER Vanessa		508	19 HKF	00:36:32	00:36:32	178	00:36:16	178	00:18:00	180	00:18:08	164	keine Angabe
82	GARSTKA Pia		098	7 W40F	00:37:31	00:37:31	179	00:37:17	179	00:18:57	188	00:18:14	168	keine Angabe
83	MILKOWSKI Melanie		145	9 W45F	00:37:50	00:37:50	181	00:37:34	180	00:17:50	179	00:19:37	185	keine Angabe
84	KURTZ Kristina		133	10 W45F	00:37:52	00:37:52	182	00:37:40	182	00:18:14	182	00:19:12	178	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing



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SPORTS TIMING TECHNOLOGIES

Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
85	PLATZ Saskia		157	8 W40F	00:38:01	00:38:01	183	00:37:47	183	00:18:07	181	00:19:32	183	keine Angabe
86	VOßLOH Daniela		222	15 W30F	00:38:13	00:38:13	184	00:37:54	185	00:18:24	183	00:19:18	181	keine Angabe
87	WULF Annika		234	10 W35F	00:39:06	00:39:06	188	00:38:56	188	00:19:45	192	00:18:52	176	Holzwickeder Sport Club e.V.
88	ROSE Susanne		170	11 W35F	00:39:12	00:39:12	189	00:39:04	189	00:18:39	186	00:20:07	189	keine Angabe
89	DURST Ulrike		077	4 W55F	00:39:39	00:39:39	190	00:39:28	190	00:19:29	190	00:19:39	186	Fit for food
90	SERRAS Lara		529	20 HKF	00:40:05	00:40:05	192	00:39:46	191	00:19:01	189	00:20:41	192	keine Angabe
91	DÜDDER Melanie		079	9 W40F	00:40:05	00:40:05	193	00:39:55	193	00:20:13	197	00:19:33	184	Holzwickeder Sport Club e.V.
92	BACHSTEIN Sandra		052	12 W35F	00:40:35	00:40:35	194	00:40:18	194	00:20:04	195	00:20:12	190	keine Angabe
93	BATHE Jutta		053	5 W55F	00:41:01	00:41:01	195	00:40:49	195	00:20:15	199	00:20:19	191	Holzwickeder Sport Club e.V.
94	WECHLER Patricia		229	13 W35F	00:42:03	00:42:03	196	00:41:46	197	00:19:49	194	00:21:46	195	keine Angabe
95	BROCKMANN Stefanie		063	14 W35F	00:42:03	00:42:03	197	00:41:46	196	00:19:49	193	00:21:46	196	keine Angabe
96	NITSCHKA Viktoria-Sofie		493	4 U20F	00:42:26	00:42:26	198	00:42:11	198	00:21:01	204	00:21:05	193	keine Angabe
97	KÜSSEL-BÖBEL Dorothea		135	11 W50F	00:42:50	00:42:50	199	00:42:39	199	00:20:32	200	00:21:48	197	Holzwickeder Sport Club e.V.
98	DETERING Iryna		069	10 W40F	00:43:06	00:43:06	200	00:42:55	200	00:20:32	201	00:21:49	198	Holzwickeder Sport Club e.V.
99	OPPERMANN Carmen		152	11 W40F	00:43:06	00:43:06	201	00:43:00	202	00:20:13	198	00:22:26	201	keine Angabe
100	SCHULTHEIS Mechthild		191	16 W30F	00:43:06	00:43:06	202	00:42:55	201	00:20:07	196	00:22:13	199	Holzwickeder Sport Club e.V.
101	FELLER Brigitte		514	1 W70F	00:44:27	00:44:27	203	00:44:13	204	00:22:12	205	00:21:41	194	VFL KEMMINGHAUSEN
102	KLINGNER Nicole		125	12 W40F	00:44:28	00:44:28	204	00:44:21	205	00:21:01	203	00:22:52	202	Pace Pack Runners
103	FINKE Ute		087	6 W55F	00:44:28	00:44:28	205	00:44:12	203	00:20:54	202	00:22:58	203	keine Angabe
104	KÄMPER Bärbel		134	12 W50F	00:47:37	00:47:37	206	00:47:23	206	00:22:45	207	00:24:15	206	Ren(t)ner

Legend:
 -n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
1	SCHEFFER Nils		183	1 HKM	00:17:42	00:17:42	1	00:17:40	1	00:08:36	2	00:08:53	1	LC Rapid Dortmund
2	KEMPIN Andreas		122	2 HKM	00:17:52	00:17:52	2	00:17:51	2	00:08:36	1	00:09:01	2	LC Rapid Dortmund
3	KLAUKE Ralf		554	1 M35M	00:18:13	00:18:13	3	00:18:09	3	00:08:49	4	00:09:10	3	LC Rapid Dortmund
4	ECKHOFF Lukas		080	3 HKM	00:18:20	00:18:20	4	00:18:19	4	00:08:49	5	00:09:16	5	Lauf Team Unna
5	KRÜGER Olaf		516	1 M45M	00:18:27	00:18:27	5	00:18:25	5	00:09:01	6	00:09:11	4	SGE Ergste
6	QUENT Fabian		160	4 HKM	00:18:33	00:18:33	6	00:18:31	6	00:08:39	3	00:09:39	10	bunert Running Team Dortmund
7	PAWELLEK Karsten		155	2 M35M	00:18:51	00:18:51	7	00:18:49	7	00:09:06	7	00:09:35	9	LGO Bochum
8	KUBANI Andrej		553	2 M45M	00:18:54	00:18:54	8	00:18:51	8	00:09:18	10	00:09:23	6	TV Borken
9	STARK Felix		203	1 U16M	00:18:59	00:18:59	9	00:18:55	9	00:09:17	8	00:09:29	7	LG Schwerte/Westhofen
10	WOLFF Felix		233	5 HKM	00:19:25	00:19:25	11	00:19:22	11	00:09:37	15	00:09:33	8	LC Rapid Dortmund
11	KRÜGER Maximilian		517	2 U16M	00:19:27	00:19:27	12	00:19:24	12	00:09:24	13	00:09:49	12	SGE Ergste
12	NGUYEN Michael		149	6 HKM	00:19:32	00:19:32	13	00:19:28	14	00:09:23	11	00:09:55	15	Pace Pack Runners
13	WINKLER Dario		232	7 HKM	00:19:32	00:19:32	14	00:19:27	13	00:09:23	12	00:09:55	14	Pace Pack Runners
14	ULBRICH Jens		489	3 M45M	00:19:53	00:19:53	15	00:19:48	15	00:09:35	14	00:10:02	17	VfL Bückeburg
15	TOEPFER Thomas		503	1 M55M	00:19:55	00:19:55	16	00:19:52	16	00:09:39	16	00:10:03	18	LGO Bochum
16	FRITZSCH Benjamin		092	3 M35M	00:20:15	00:20:15	18	00:20:13	18	00:09:41	18	00:10:20	19	LG Olympia Dortmund
17	KRÜGER Constantin		519	3 U16M	00:20:16	00:20:16	19	00:20:15	19	00:09:41	17	00:10:21	20	SGE Ergste
18	RÖTTCHEN Dirk		173	4 M45M	00:21:09	00:21:09	23	00:21:04	23	00:10:06	22	00:10:46	23	LT Bittermark Dortmund
19	FELDHAUS Niklas		086	1 U20M	00:21:21	00:21:21	24	00:21:17	24	00:10:00	21	00:11:02	30	LG Schwerte/Westhofen
20	VON HAMMERSTEIN Leonard		220	1 M30M	00:21:25	00:21:25	25	00:21:22	25	00:10:13	25	00:10:57	28	keine Angabe
21	BRUNS Alexander		550	1 M40M	00:21:28	00:21:28	26	00:21:25	26	00:10:19	28	00:10:55	26	keine Angabe
22	GREIF Dennis		103	4 M35M	00:21:32	00:21:32	27	00:21:27	27	00:10:22	29	00:10:55	27	Pfarrei Heilige Dreikönige
23	STRAUB Aik		499	1 U12M	00:21:33	00:21:33	28	00:21:31	28	00:10:17	27	00:11:02	31	LGO/LAC Dortmund
24	HUSKOTTE Jörg		520	2 M55M	00:21:34	00:21:34	29	00:21:31	29	00:10:23	30	00:10:55	25	Viermärker Dortmund
25	PICK Klaus		496	1 M50M	00:21:51	00:21:51	30	00:21:44	30	00:10:50	40	00:10:48	24	LSF Münster
26	FANSELOW Timm		494	2 M30M	00:21:55	00:21:55	31	00:21:51	31	00:10:26	31	00:11:12	34	LT Bittermark Dortmund
27	SCHONS Paul		190	2 M40M	00:21:56	00:21:56	32	00:21:56	33	00:10:36	34	00:11:04	32	LT Haspa Marathon Hamburg
28	SCHROEDER-UTER Lars		506	5 M45M	00:21:59	00:21:59	33	00:21:56	32	00:10:34	33	00:11:11	33	LT Bittermark Dortmund
29	HÖLTER Sven		118	3 M30M	00:22:03	00:22:03	34	00:21:58	34	00:10:49	39	00:11:00	29	Miebach GmbH
30	FISCHER Lukasz		088	5 M35M	00:22:13	00:22:13	36	00:22:10	35	00:10:40	37	00:11:17	35	keine Angabe
31	SCHÜTZ Sven		197	4 M30M	00:22:26	00:22:26	38	00:22:17	38	00:10:43	38	00:11:26	39	keine Angabe
32	BRACK Heribert		526	1 M60M	00:22:55	00:22:55	41	00:22:52	40	00:11:03	43	00:11:35	41	LG Olympia Dortmund
33	RADAU Ulrich		161	2 M60M	00:23:11	00:23:11	42	00:23:07	42	00:11:03	42	00:11:49	43	Puls 190-effektiv trainieren
34	PUGLIESE Michele		533	1 M65M	00:23:24	00:23:24	43	00:23:19	44	00:11:18	46	00:11:48	42	LC Rapid Dortmund
35	ZITZMANN René		235	6 M35M	00:23:27	00:23:27	44	00:23:23	46	00:11:03	44	00:12:05	48	keine Angabe
36	RASCHE Michael		522	3 M55M	00:23:27	00:23:27	45	00:23:22	45	00:11:13	45	00:11:55	44	Viermärker Dortmund
37	MILK Andreas		144	2 M50M	00:23:29	00:23:29	46	00:23:15	43	00:11:49	59	00:11:23	37	Lauf Team Unna
38	ZÖLLNER Jörg Peter		532	2 M65M	00:23:47	00:23:47	47	00:23:43	47	00:11:28	51	00:12:02	46	LT Bittermark Dortmund
39	SCHONS Fabian		188	1 U14M	00:23:56	00:23:56	48	00:23:49	48	00:11:28	49	00:12:14	52	Ruhrpott Läufer
40	HECK Markus		114	6 M45M	00:23:59	00:23:59	49	00:23:54	49	00:11:34	52	00:12:08	49	Miebach GmbH
41	ROHOWSKI Christian		168	3 M65M	00:24:02	00:24:02	50	00:23:58	50	00:11:36	53	00:12:08	50	SuS Oberaden
42	GALERT Andreas		096	3 M50M	00:24:22	00:24:22	52	00:24:13	51	00:12:03	65	00:12:04	47	keine Angabe

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing



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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
43	WACKER Marco		223	7 M45M	00:24:26	00:24:26	53	00:24:21	53	00:11:57	62	00:12:11	51	ArtivaAthletix
44	TOLLKNÄPPER Sven		215	7 M35M	00:24:33	00:24:33	55	00:24:25	55	00:11:56	60	00:12:18	53	TV Werne 03
45	NÜSER Michael		151	8 HKM	00:24:39	00:24:39	56	00:24:30	56	00:11:57	61	00:12:24	55	Pace Pack Runners
46	MARQUARDT Bernhard		140	8 M35M	00:24:47	00:24:47	58	00:24:38	58	00:11:25	47	00:13:04	72	Sportkinder
47	AßMANN Tobias		051	9 M35M	00:24:50	00:24:50	61	00:24:42	59	00:12:02	63	00:12:30	58	keine Angabe
48	SELLENY Dirk		199	8 M45M	00:24:51	00:24:51	62	00:24:47	63	00:11:26	48	00:13:08	74	Team Klimbim
49	BARTH David		476	2 U12M	00:24:59	00:24:59	63	00:24:47	62	00:12:14	69	00:12:27	56	TSC Dortmund
50	KROHN Rainer		500	4 M55M	00:25:07	00:25:07	64	00:25:04	64	00:11:40	54	00:13:09	76	DJK Ewaldi Aplerbeck
51	KUHL Joachim		463	4 M50M	00:25:16	00:25:16	69	00:25:07	66	00:12:22	71	00:12:34	62	keine Angabe
52	RIPPERT Thorsten		166	5 M55M	00:25:19	00:25:19	70	00:25:13	71	00:12:11	68	00:12:48	67	Viermärker Dortmund
53	WECHLER Martin		228	10 M35M	00:25:25	00:25:25	71	00:25:11	70	00:12:24	74	00:12:41	66	keine Angabe
54	PLEWKA Michael		370	9 HKM	00:25:27	00:25:27	72	00:25:16	72	00:12:05	66	00:12:59	69	Sportkinder e.V.
55	ROSE Andreas		169	5 M30M	00:25:56	00:25:56	74	00:25:50	75	00:13:00	86	00:12:40	64	keine Angabe
56	SANDMANN Holger		179	5 M50M	00:26:04	00:26:04	76	00:25:48	74	00:12:39	79	00:13:06	73	Sportkinder e.V.
57	GREWE Markus		104	9 M45M	00:26:18	00:26:18	78	00:26:13	77	00:12:39	80	00:13:16	77	Puls 190-effektiv trainieren
58	EBBINGHAUS Helge		524	6 M55M	00:26:32	00:26:32	79	00:26:25	79	00:12:53	83	00:13:21	79	keine Angabe
59	TATAR Josef		211	7 M55M	00:26:51	00:26:51	83	00:26:46	83	00:12:54	84	00:13:42	84	Miebach GmbH
60	MASUR Christopher		141	6 M30M	00:26:58	00:26:58	84	00:26:50	84	00:12:32	78	00:14:15	90	keine Angabe
61	KISSING Karsten		480	10 M45M	00:27:54	00:27:54	87	00:27:43	87	00:13:26	87	00:14:07	87	keine Angabe
62	SCHONS Florian		189	2 U14M	00:28:25	00:28:25	92	00:28:16	92	00:12:08	67	00:15:51	123	Ruhrpott Läufer
63	FROMMEYER Tim		094	11 M35M	00:28:51	00:28:51	95	00:28:42	96	00:13:48	99	00:14:39	96	keine Angabe
64	GROEVER Stephan		534	6 M50M	00:28:51	00:28:51	96	00:28:37	95	00:13:41	96	00:14:47	100	TSC Eintracht
65	SCHMIDT Jasper Bastian		527	3 U12M	00:29:08	00:29:08	99	00:29:01	100	00:14:06	102	00:14:43	98	Road Runner Herdecke
66	KALESS Jörg		121	7 M50M	00:29:09	00:29:09	100	00:29:01	99	00:13:48	98	00:14:57	103	Werkfeuerwehr VDM Metals Altena
67	UTERMANN Philipp		217	11 M45M	00:29:38	00:29:38	105	00:29:28	105	00:14:11	105	00:15:06	109	Sportkinder e.V.
68	SELLENY Niklas		200	1 U18M	00:29:54	00:29:54	106	00:29:47	108	00:14:35	114	00:14:58	105	Team Klimbim
69	OTT Christian		154	12 M35M	00:29:55	00:29:55	107	00:29:42	106	00:14:23	110	00:15:16	113	keine Angabe
70	KOZHEMIKIN Dmytro	UKR	127	10 HKM	00:30:00	00:30:00	108	00:29:47	109	00:14:36	115	00:15:04	108	keine Angabe
71	DALPRA Xavier		067	8 M50M	00:30:05	00:30:05	110	00:29:59	110	00:14:48	119	00:15:03	107	Miebach GmbH
72	AUGST Thomas		050	12 M45M	00:30:54	00:30:54	116	00:30:39	116	00:15:20	128	00:15:12	111	Deutscher Alpenverein, Sektion Dortmund
73	SCHEMMER Ludger		184	3 M60M	00:30:57	00:30:57	117	00:30:48	117	00:14:22	109	00:16:11	126	keine Angabe
74	KOWAL Christof		126	7 M30M	00:30:58	00:30:58	118	00:30:48	118	00:14:22	108	00:16:11	127	keine Angabe
75	SCHLUETER Ralf		511	13 M45M	00:31:08	00:31:08	119	00:30:49	119	00:15:27	137	00:15:18	114	keine Angabe
76	WELZEL Torsten		230	13 M35M	00:31:22	00:31:22	120	00:31:05	120	00:15:41	140	00:15:25	116	keine Angabe
77	HÖING Ralf		117	4 M60M	00:31:27	00:31:27	121	00:31:16	122	00:15:08	123	00:15:56	124	Sportkinder e. V.
78	ALLERY Frank		048	14 M45M	00:31:33	00:31:33	124	00:31:18	123	00:15:12	127	00:15:58	125	Dortmund Wanderers
79	ERDMANN Olaf		082	3 M40M	00:31:44	00:31:44	126	00:31:39	127	00:15:07	121	00:16:18	135	Puls 190-effektiv trainieren
80	STILL Leon		206	2 U18M	00:31:49	00:31:49	128	00:31:33	126	00:15:11	126	-	-	Dortmund Wanderers
81	ROTTKE Lars		172	11 HKM	00:32:17	00:32:17	132	00:31:58	131	00:15:21	130	00:16:33	139	Miebach GmbH
82	GÖTZ Luis		109	3 U14M	00:32:24	00:32:24	134	00:32:09	134	00:15:11	125	00:16:57	142	Dortmund Wanderers
83	BOTHMANN Armin		061	5 M60M	00:32:37	00:32:37	136	00:32:27	136	00:15:26	133	00:16:47	140	Holzwickeder Sport Club e.V.
84	ZAHN Wolfgang		531	1 M70M	00:32:48	00:32:48	137	00:32:32	137	00:16:37	165	00:15:49	121	Viermärker Dortmund

Legend:

-n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

results & timing



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Platz	Nachname - Vorname	Nation	StNr.	Platz AK	Zeit	Gesamt	Platz	Netto	Platz	Runde 1	Platz	Runde 2	Platz	Verein
85	SCHWARZ Max		194	4 U16M	00:33:10	00:33:10	143	00:33:02	144	00:12:27	75	00:20:04	188	TVE Barop
86	SCHWARZ Henri		193	5 U16M	00:33:10	00:33:10	144	00:33:03	145	00:10:11	24	00:22:21	200	TVE Barop
87	FRIESE Volker		091	9 M50M	00:34:06	00:34:06	155	00:33:51	154	00:16:05	151	00:17:34	157	LT Wischlingen
88	KISCHLAT Oliver		123	8 M30M	00:34:45	00:34:45	159	00:34:27	160	00:15:49	143	00:18:22	172	FireSports Dortmund
89	MOJ Oliver		146	12 HKM	00:34:46	00:34:46	160	00:34:28	161	00:15:50	144	00:18:21	170	FireSports Dortmund
90	BRUNE Tobias		064	13 HKM	00:34:46	00:34:46	161	00:34:27	159	00:15:57	148	00:18:14	167	FireSports Dortmund
91	LINDEN Simon		138	14 HKM	00:34:47	00:34:47	162	00:34:29	162	00:16:03	150	00:18:10	165	FireSports Dortmund
92	STAß Tim		204	15 HKM	00:34:47	00:34:47	163	00:34:30	163	00:16:09	152	00:18:04	163	FireSports Dortmund
93	DUPONT André		075	14 M35M	00:34:48	00:34:48	164	00:34:30	164	00:15:51	145	00:18:23	173	FireSports Dortmund
94	RAMMELMANN Jörn		162	16 HKM	00:34:49	00:34:49	165	00:34:31	165	00:15:54	146	00:18:22	171	FireSports Dortmund
95	VILLANUEVA Daniel		218	17 HKM	00:34:52	00:34:52	168	00:34:34	166	00:15:57	147	00:18:15	169	FireSports Dortmund
96	SURMANN Klaus		473	1 M75M	00:34:53	00:34:53	169	00:34:41	169	00:17:04	172	00:17:23	152	BSG Wilo
97	SAHIN Tansug		175	10 M50M	00:36:06	00:36:06	177	00:35:53	177	00:17:04	174	00:18:36	174	keine Angabe
98	KUBNY Michael		132	4 M40M	00:37:46	00:37:46	180	00:37:38	181	00:13:57	100	00:23:23	204	Beckum
99	VOßLOH Bastian		221	15 M35M	00:38:13	00:38:13	185	00:37:54	184	00:18:24	184	00:19:17	179	keine Angabe
100	REUTER Oliver		164	9 M30M	00:38:13	00:38:13	186	00:37:55	186	00:18:24	185	00:19:17	180	keine Angabe
101	EVERSBUSCH Christoph		084	8 M55M	00:38:26	00:38:26	187	00:38:07	187	00:18:40	187	00:19:21	182	keine Angabe
102	DÜDDER Martin		078	15 M45M	00:39:56	00:39:56	191	00:39:46	192	00:19:45	191	00:19:48	187	Holzwickeder Sport Club e.V.
103	JACOBS Karl Heinz		120	4 M65M	00:47:37	00:47:37	207	00:47:23	207	00:22:45	206	00:24:15	205	Ren(t)ner

Legend:
 -n Lap Lapped with n laps remaining / DNF Did Not Finish / DSQ Disqualified / DNS Did Not Start

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